

Contents

2019-2020 School Year	1
2020-2021 School Year	2
2021-2022 School Year	5
2022-2023 School Year	6
2023-2024 School Year	8

2019-2020 School Year

- Session One April 29, 2020
 - Welcome & Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Mindfulness in Crisis Anna Smyth, M.S., Mindfulness Utah-Managing Director
 - Why Mentoring is Important Nic Shellabarger, USBE-YIC Educational Specialist
 - Calm in the Chaos Ann Jones, Granite School District-YIC Mentor Coordinator
- Session Two May 13, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Trauma Informed Interactions: Tools to Use with Students Tanya Albornoz, USBE-Prevention Specialist
 - Motivational Interviewing Clarissa Stebbing, USBE-Prevention Specialist
- Session Three May 27, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - SMART Goals Trina Cotterman, Granite School District-YIC Mentor
 - Suicide Prevention Cathy Davis, USBE-Prevention Specialist
 - Human Trafficking: Awareness and Prevention Allison Smith, Asian Association of Utah-Education and Outreach Specialist

Note: Recording was edited due to sensitive material.

- Session Four June 10, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Substance Abuse Prevention Clarissa Stebbing, USBE-Prevention Specialist
 - Gang Involved Youth, One Caring Adult Away from Success Cecily Hallman, Granite School District-YIC Mentor

Note: No video presentation available due to technical difficulties.

- Session Five June 24, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Review of Trauma Informed Tools and Q&A Tanya Albornoz, USBE-Prevention Specialist
 - Building Bridges with Division of Child and Family Services (DCFS) Darcie Peterson, Department of Health Services (DHS)-Child Welfare Administrator

Note: No video presentation available due to technical difficulties.

2020-2021 School Year

- Session Six September 15, 2020
 - Welcome and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Mindfulness Moment Julia Armstrong, USBE YIC-Educational Specialist
 - Student Services Roles & Communication Jerri Sagers, USBE-School Counseling Specialist, Jeremy Barns, Department of Public Safety (DPS)-School Safety Liaison and Scott Eyre, Division of Substance Abuse and Mental Health (DSAMH)-School Based Mental Health Specialist
 - Mentor Data Nic Shellabarger, USBE YIC-Educational Specialist & Amanda Charlesworth, USBE-YIC Program Specialist
- Session Seven October 8, 2020
 - Welcome and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
 - Mindfulness Moment Michelle Knight, USBE-Project Advancing Wellness and Resilience in Education (AWARE) Grant Manager
 - Resilience in Young Children Jerri Sagers, USBE-School Counseling Specialist & Corby Eason, USBE-Prevention Specialist
 - Preparing Students for Post-Secondary Success Kalee Crandall, USBE-Safe & Healthy Schools Specialist

• Special Session – October 21, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Education Transition and Career Advocates (ETCA) Tasks Overview Evyann Stinson, Provo School District-ETCA
- C&C Overview Jeff Sagers, Ogden School District-YIC Mentor, Ann Jones, Granite School District-YIC Mentor Coordinator and Amanda Charlesworth, USBE-YIC Program Specialist

• Passing the Baton – Jennifer Gualtier, Ogden School District-ETCA *Note:* PDF of presentation available upon request. Please contact Amanda Charlesworth at <u>amanda.charlesworth@schools.utah.gov.</u>

• Session Eight – November 9, 2020

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Motivating Students Ashley Lower, USBE- Safe & Healthy Schools Behavior Specialist
- Utah Family and Child engagement Tool (UFACET) Form Overview Tanya Albornoz, USBE-Prevention Specialist
- Session Nine December 9, 2020
 - Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist

Protective Factors – Tanya Albornoz, C.S.W., USBE-Prevention Specialist
 Note: No video presentation available. Please attend a USBE Protective
 Factors Framework Overview Training.

• Session Ten – January 13, 2021

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- SPED 101 Naté Dearden, USBE-Student and Family Rights Coordinator
- Agencies Working Together: Juvenile Justice Services and Schools Jackie Chamberlain, Juvenile Justice Services-Public Information Officer and April Graham, Juvenile Justice Services-Office of Community Programs Program Director
- Mentors working with Juvenile Justice Services USBE-YIC Team

• Session Eleven – February 10, 2021

- Welcome, Mindfulness Moment and Introductions Amanda Charlesworth, USBE-YIC Program Specialist
- Section 504 Holly Bell, USBE-Equity Educational Specialist
- SafeUT Overview Ashely Pistello, SafeUT University of Utah-Project Administrator

• Session Twelve – March 10, 2021

- Welcome and Mindfulness Amanda Charlesworth, USBE YIC-Program Specialist
- Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others – Scott Eyre, DSAMH-School Based Mental Health Specialist
- American Indian Information and Resources Dustin Jansen, Utah Indian Affairs Division-Director and Dr. Harold Foster, USBE-American Indian and Alaskan Native Educational Specialist

• Session Thirteen: April 14, 2021

- Welcome Intro of Guest Presenters Amanda Charlesworth, USBE-YIC Program Specialist
- Mentor Tips and Tricks Heather Noorda, Granite School District-YIC Mentor
- Connecting Students to Opportunities in Adult Education Stephanie
 Patton and Danielle Pedersen, USBE-Adult Education Specialists
- Grief and Mentor Peer Support Cathy Davis, USBE-Prevention Specialist
- Session Fourteen: May 12, 2021
 - Welcome Intro of Guest Presenters Amanda Charlesworth, USBE-YIC Program Specialist
 - Mentor Tips and Tricks Heather Noorda, Granite School District-YIC Mentor
 - Healthy Habits and Student Wellness Clarissa Stebbing, USBE-Prevention Specialist
- Session Fifteen: June 23, 2021
 - Welcome and Mindfulness Amanda Charlesworth, USBE-YIC Program Specialist
 - How to Help Youth Recognize Unhealthy Relationships Lauren Davis, Utah Valley Family Support Center-Prevention Specialist
 - Mentor Tips and Tricks Heather Noorda, Granite School District-YIC Mentor

2021-2022 School Year

- Session Sixteen: September 15, 2021
 - Welcome and Introduction of Presenters Amanda Charlesworth, USBE-YIC Program Specialist
 - Prevention Science Overview Clarissa Stebbing and Cuong Nguyen, USBE - Prevention Specialists
 - Prevention in Practice Tanya Albornoz, USBE Prevention Coordinator
- Session Seventeen: October 13, 2021
 - Welcome and Introduction of Presenters Amanda Charlesworth, USBE-YIC Program Specialist
 - Restorative Practices Cuong Nguyen, USBE-Prevention Specialist
 - Creating Cultures of Staff Wellness & Care for our Schools & Community Partners – Scott Eyre, DSAMH-School Based Mental Health Specialist
- Session Eighteen: November 10, 2021
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE-YIC Program Specialist
 - Overview of Trauma (Repeat topic) Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist
- Session Nineteen: December 8, 2021
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
 - Family Engagement Strategies Jessica Kallin, USBE-Family and Community Engagement Specialist
 - 21st CCLC After School Programs Kamille Sheikh, USBE-Title VI-B & Charity Williams, Provo City School District-After School Specialist
- Session Twenty: January 19, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
 - Brain Science Liz Rivera, Utah Foster Care-Director of Education
- Session Twenty-One: February 16, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
 - Overview and Demo of DHS Educating Youth in State Care Website and Resources – Trina Valdez, DHS YIC Education Liaison
 - Helping Students with Emotional Regulation Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

• Session Twenty-Two: March 16, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
- DCFS a Walk Through the System Eric Jenkins, DCFS-Western Region
- Session Twenty-Three: April 20, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
 - Human Trafficking Awareness and Prevention Nate Davis, Prevent Child Abuse Utah
 - How to Respond to a Crisis Situation Cathy Davis, USBE- Prevention
 Specialist and Michelle Knight, Project AWARE Grant Manager
- Session Twenty-Four: May 18, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, YIC Program Specialist
 - Connecting students to community resources Clarissa Stebbing, USBE - Prevention Specialist
 - Grit and Resilience Julia Armstrong
- Session Twenty-Five: Cancelled

2022-2023 School Year

- Session Twenty-Six: September 14, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - USBE Youth in Custody (YIC) Team Introductions
 - Why, What and How We Mentor in Utah K 12 Schools Julia Armstrong, USBE YIC Education Specialist and Amanda Charlesworth
 - Utah C&C Data Project Benji Carrier, USBE YIC Coordinator
- YIC Webinar Session Twenty-Seven: October 19, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - Suicide Prevention Cathy Davis, USBE Prevention Specialist
 - DBT Skills Overview Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist
- YIC Webinar Session Twenty-Eight: November 9, 2022
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - o Bullying Prevention Pam Hayes, Stand4Kind
 - approx. 10:10am 11:00am = TBD

• YIC Webinar Session Twenty-Nine: December 14, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
- Restorative Practices: Compass of Shame and Affect Psychology Amy Steele-Smith, USBE Prevention Specialist
- Substance Use Prevention Refresher and Updates Clarissa stabbing, USBE Prevention Specialist
- YIC Webinar Session Thirty: January 18, 2023
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - CTE Pathways Jonathan Frey, USBE CTE Coordinator
 - MIDAS Accounts: Why Mentors Want an Account and How to Access the Professional Learning Catalog – Juan Carlos Mejia, USBE-Educator Licensing
 - Social Media Safety Michelle Knight, USBE Project AWARE Grant Manager

• YIC Webinar Session Thirty-One: February 22, 2023

- Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
- Strategies for Family and Community Engagement Marie Steffensen, Utah State Charter School Board School Support Coordinator
- STEMCAP Overview and YIC Classroom Experience Dr. Rodolfo Probst and Laura George, University of Utah
- YIC Webinar Session Thirty-Two: March 15, 2023
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - Restorative Practices: Culture and Climate Cuong Nguyen, USBE Prevention Specialist
- YIC Webinar Session Thirty-Three: April 12, 2023
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - YIC and Special Education Facts Melissa Teemant, Utah Parent Center
- YIC Webinar Session Thirty-Four: May 10, 2023
 - Welcome, Mindfulness Moment and Introduction of Presenters Amanda Charlesworth, USBE YIC Program Specialist
 - How to Collaborate with School Counselors to Support Student Success Bethany Marker and Michelle Glaittli, USBE-School Counseling Specialists
 - Neuropsychology of Developmental Trauma Meghan Semenick, PYSD

2023-2024 School Year

- YIC Webinar Session Thirty-Five: October 18, 2023
 - Welcome back, C&C Data Study with Bellwether, Mindfulness, and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
 - Division of Services for People with Disabilities (DSPD) Overview -Sherry DeVore, DSPD Specialist
 - 5-minute Mentor Activities Review and Updates Ann Jones, Granite School District YIC
- YIC Webinar Session Thirty-Six: November 15, 2023
 - Welcome, Mindfulness, and Intro. of Presenter Amanda Charlesworth
 - The Power of Data (Mentor Excel Training) Adam Little, USBE Adult Education IT Analyst
- YIC Webinar Session Thirty-Seven: January 17, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - TAL Workers: Why, What and Why Aubrey Myers Department of Health and Human Services (DHHS)
 - Second Topic To Be Announced
- YIC Webinar Session Thirty-Eight: February 14, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - Agenda to be determined
- YIC Webinar Session Thirty-Nine: April 17, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - Suicide Prevention Updates Cathy Davis, USBE Prevention Specialist
 - Second Topic To Be Announced
- YIC Webinar Session Forty: May 15, 2024
 - Welcome, Mindfulness, and Intro. of Presenter(s) Amanda Charlesworth
 - Agenda to be determined