

# SAFEUT

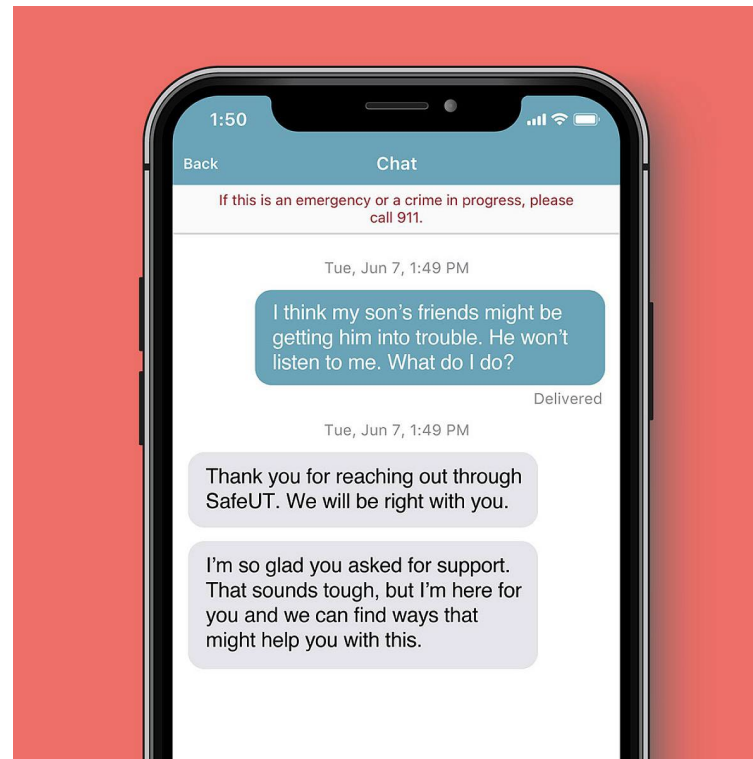
An easy, accessible, and active way for anyone to take action for themselves or a loved one.

A Guide for Parents

SafeUT is an easy,  
accessible, and active  
way to help your child  
take action in their own  
life or the life of a friend.

# What is SafeUT?

- SafeUT is a crisis chat and tip line that provides real-time crisis intervention for students, parents/guardians, and educators through live chat and a confidential tip line—right from your smartphone.
- [Learn more](#)



# SafeUT: How the App Works



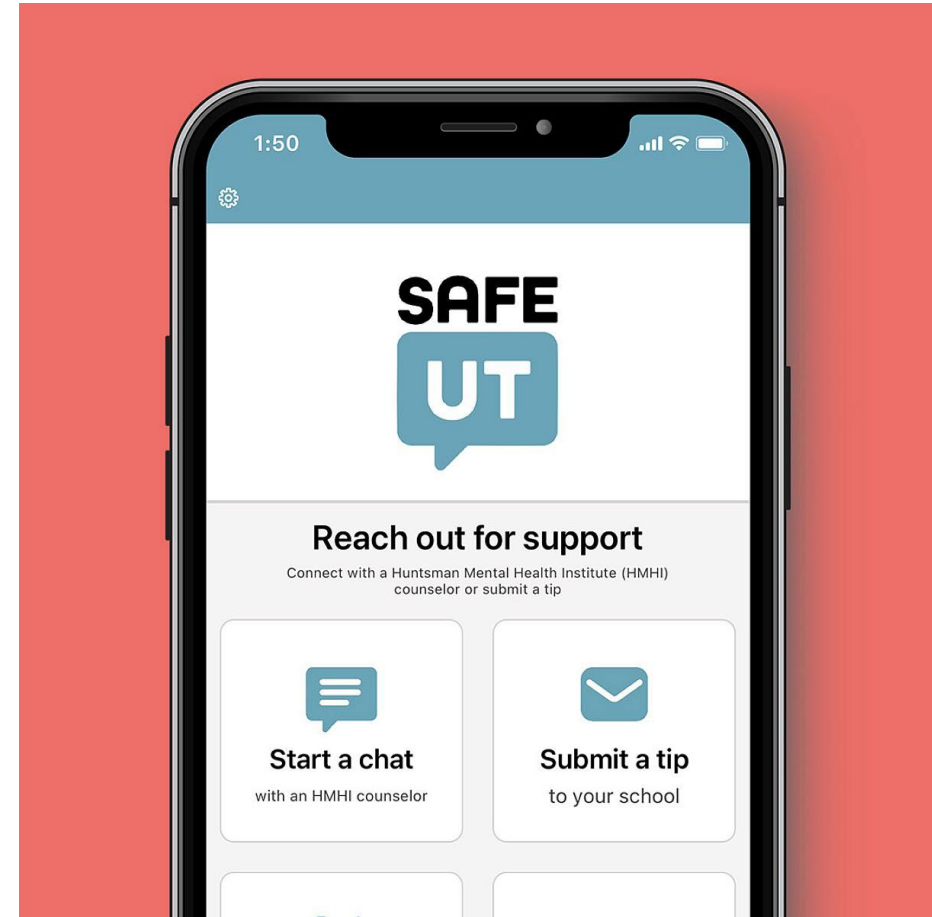
Support for you and your family is always available at no cost through SafeUT.

# Download the Free App

- SafeUT app is available for both Apple and Android devices. To download the app, search “SafeUT” in your smartphone’s app store and download the app.
- [Download the SafeUT app for Apple](#)
- [Download the SafeUT app for Android](#)

# Press Call or Chat

You can chat confidentially and directly with a counselor to help you with any problems you are facing.



# Get Free Professional Help

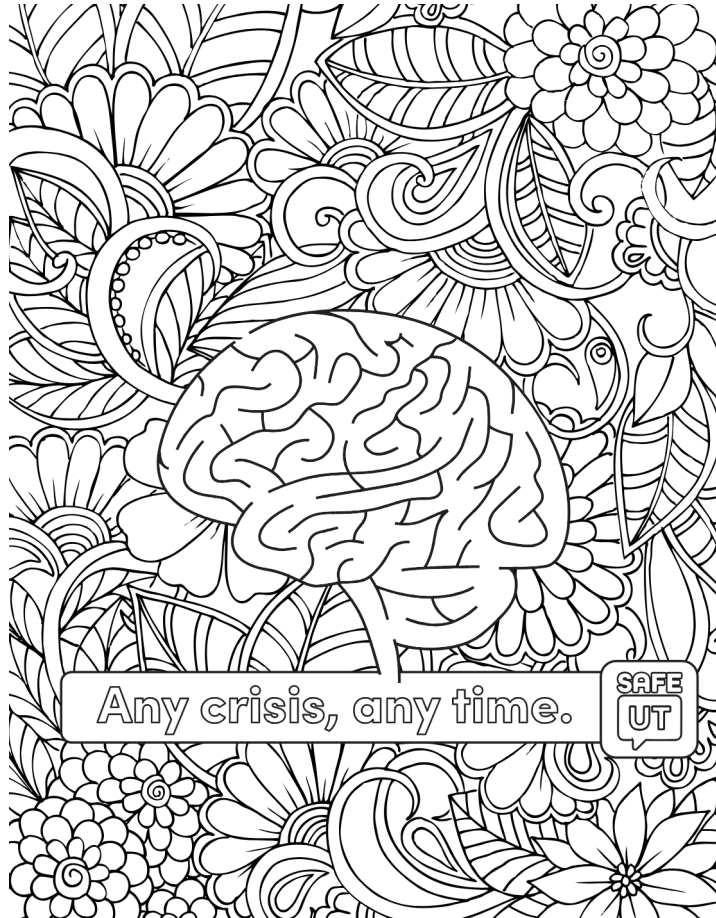


“The SafeUT app provides a way to connect to licensed counselors that are ready to listen for any sized crisis or concern. Help is immediate and confidential, and as easy as reaching for your phone and sending that first text.”

[SafeUT Parents](#)



# Download the Coloring Page



**SAFE**



# Want to learn more about SafeUT?

- Tune into a short, helpful podcast that explains how the app instantly connects students, parents, and educators to no-cost mental health support.

[LISTEN NOW](#)

