

Programs for Youth Protection: Parent Seminars

This outline provides general guidelines and supplementary instructions for presenting the PowerPoint at Parent Seminars. Utah Code 53G-9-703, Parent Education-Mental Health-Bullying-Safety states,

- “(1) (a) Except as provided in Subsection [\(4\)](#), a school district shall offer a seminar for parents of students in the school district that:*
- (i) is offered at no cost to parents;*
 - (ii) begins at or after 6 p.m.;*
 - (iii) is held in at least one school located in the school district; and*
 - (iv) covers the topics described in Subsection [\(2\)](#).*
- (b) (i) A school district shall annually offer one parent seminar for each 11,000 students enrolled in the school district.*
- (ii) Notwithstanding Subsection [\(1\)\(b\)\(i\)](#), a school district may not be required to offer more than three seminars.*
- (c) A school district may:*
- (i) develop its own curriculum for the seminar described in Subsection [\(1\)\(a\)](#); or*
 - (ii) use the curriculum developed by the State Board of Education under Subsection [\(2\)](#).*
- (d) A school district shall notify each charter school located in the attendance boundaries of the school district of the date and time of a parent seminar, so the charter school may inform parents of the seminar.*
- (2) The State Board of Education shall:*
- (a) develop a curriculum for the parent seminar described in Subsection [\(1\)](#) that includes information on:*
 - (i) substance abuse, including illegal drugs and prescription drugs and prevention;*
 - (ii) bullying;*
 - (iii) mental health, depression, suicide awareness, and suicide prevention, including education on limiting access to fatal means;*
 - (iv) Internet safety, including pornography addiction; and*
 - (v) the School Safety and Crisis Line established in Section [53E-10-502](#); and*
 - (b) provide the curriculum, including resources and training, to school districts upon request.”*

The “Programs for Youth Protection: Parent Seminars” sample PowerPoint presentation has been provided as a template and is comprised of four key components:

- I. **SLIDES 3-10. Substance abuse** (including illegal drugs and prescription drugs) and Prevention.
- II. **SLIDES 11-19. Bullying.**
- III. **SLIDES 20-30. Mental Health.** (depression, suicide awareness/prevention, including education on limiting access to fatal means) Information about SAFE UT, the School Safety and Crisis Line is also given.
- IV. **SLIDES 31-42. Internet Safety** (including pornography addiction).

Presenter notes accompany all of the slides. “Tips for Parents” are included in each section of the presentation along with **RESOURCES** for each subject area. The presenter may choose to add or delete slides from this presentation to accommodate the needs of the audience.

RESOURCES:

Utah Department of Health [School Health Resources](#). The Utah Department of Health offers many resources for schools.

- I. SUBSTANCE USE PREVENTION
 - A. Tobacco Prevention. The Utah Department of Health offers many resources for schools.
 - ✓ [A School’s Guide to Comprehensive Tobacco Control](#)
 - ✓ Order Materials: Call the **Tobacco-Free Resource Line: 1-877-220-3466**
 - ✓ [Tobacco Free Utah](#)
 - ✓ [Utah Tobacco Prevention Educational Resources](#)
 - B. Alcohol Prevention. [Parents Empowered](#). For presentations on alcohol prevention. [Get in Touch](#)
- II. BULLYING.
 - A. [Utah Anti-Bullying Coalition](#). The coalition promotes awareness of bullying and approaches proven to prevent it by supporting school- and community-based bullying prevention initiatives.
 - B. [Stand 4 Kind](#). Stand for Kind believes every child deserves a non-threatening environment, and to feel like they belong. Through teaching empathy, self-

esteem and kindness, we provide a way for schools to reduce suicide and bullying among students. Our goal is to change the culture and climate in schools nationwide. For presentations, contact Pam Hayes phayes@stand4kind.com (866) 295-5542.

III. MENTAL HEALTH

- A. [American Foundation for Suicide Prevention-Utah](#). AFSP (American Foundation for Suicide Prevention) is dedicated to saving lives and bringing hope to those affected by suicide through the following core strategies:
 - a. Funding scientific research
 - b. Educating the public about mental health and suicide prevention
 - c. Advocating for public policies in mental health and suicide prevention
 - d. Supporting survivors of suicide loss and those affected by suicide
- B. [NAMI-Utah](#). NAMI (National Alliance for Mental Illness) –Utah is Utah’s voice on mental illness to ensure the dignity and improve the lives of those who live with mental illness and their families through support, education and advocacy. Prevention Specialist; Bennee Larsen (801) 869-2893.
- C. [Utah Suicide Prevention Coalition](#).
 - ✓ [Utah Suicide Prevention Plan 2017-2021](#)

IV. INTERNET SAFETY

- A. [netsafeutah](#) provides online videos and resources for kids, teens, parents and educators, including Internet Safety information that Utah schools need to meet the Children's Internet Protection Act (CIPA) requirements.
- B. [Fight the New Drug](#) is a non-religious and non-legislative organization that exists to provide individuals the opportunity to make an informed decision regarding pornography by raising awareness on its harmful effects using only science, facts, and personal accounts.
- C. [Common Sense Media](#) is the leading independent nonprofit organization dedicated to helping kids thrive in a world of media and technology. Common empower parents, teachers, and policymakers by providing unbiased information, trusted advice, and innovative tools to help them harness the power of media and technology as a positive force in all kids’ lives.



- V. SCHOOL SAFETY AND CRISIS TIP LINE. [The SafeUT Crisis Text and Tip Line](#) is a statewide service that provides real-time crisis intervention to youth through texting and a confidential tip program. Licensed clinicians in the 24/7 CrisisLine call center respond to all incoming chats, text, and calls by providing:
- ✓ Supportive or crisis counseling
 - ✓ Suicide prevention,
 - ✓ Referral services.

Please feel free to e-mail me with any questions, concerns, or if you are in need of technical assistance:

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