

**For Office Use Only**

Date Received:

Date Sent to Specialist:

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## Health Education Endorsement

*Application for the Utah State Board of Education*

## Applicant Information

Name: \_\_\_\_\_ CACTUS ID#: \_\_\_\_\_

E-mail: \_\_\_\_\_

## Purpose

The academic success of Utah's students is strongly linked to their health. The goal of Health Education is to support parents and families in developing healthy, responsible students who have the knowledge, skills, and dispositions to work together in an inclusive manner to think critically and participate in a variety of activities that lead to lifelong healthy behaviors.

The Health Education endorsement is required for educators to teach Health I (middle school) and/or Health II (high school) and can be attached to a secondary teaching license.

## Select Endorsement Type: Please check one.

- This application is for a Professional Health Education endorsement.
- This application is for an Out of State Licensure Applicant.
- This application is for an Associate Health Education endorsement. I have completed the following requirement(s):
  - Earned a bachelor's or higher degree in the endorsement area **or**
  - Completed at least 3 of the 7 requirement areas for the endorsement

## Instructions for Completing the Application:

1. Complete the endorsement application by **filling in the table** demonstrating how you have completed at least one option for each of the 7 requirement areas.
2. Email completed application and required documentation to [licensing@schools.utah.gov](mailto:licensing@schools.utah.gov). Attach documentation to the email (e.g., MIDAS Transcript, certificates) and submit necessary University transcripts.

## ENDORSEMENT REQUIREMENTS:

Health Education has the following 7 content requirements:

- a) Human Disease/Disease Prevention
- b) Nutrition
- c) Mental Health
- d) Substance Abuse Prevention
- e) Human Sexuality/Sex Education
- f) Methods of Teaching Health
- g) Current First Aid and CPR Certification. (*Submit copies of both sides of certification cards*)

Each requirement may be earned by taking university courses, UBSE courses, completing the Microcredential(s), or other experiences that demonstrates knowledge, skills, and dispositions as approved by the USBE Health Education Specialist. Examples of other experiences could be teaching a university course, certification in a related area, or work experience directly related to the requirement.

**Utah law and policy course** is required per Utah Code 53G-10-403 of all first-year health educators prior to teaching sex education and must be renewed every three years. Visit the Health Education page for more details <https://schools.utah.gov/curr/health>

**If Taking Utah-Based University Courses Approved by USBE:**

1. University courses are reviewed and approved by agreement with USBE.
2. Applicants must earn a C or higher in the course(s) taken.

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## Endorsement Requirement Areas Checklist

For a list of approved evidence of competency options that meet the endorsement requirements, please visit: [Health Education Options](#)

<b>Requirement Area</b> (Aligned Area Competency hyperlink to more details below)	<b>University Course</b> Evidence: If this option is used the application must include a transcript for each course below	<b>Microcredential Stack</b> Evidence: If this option is used the application must include the PDF copy of the MIDAS Transcript for each stack listed below	<b>Other Course or Experience</b> Evidence: If this option is used it must be approved by the USBE Health Education Specialist and documentation provided.
<a href="#">Human Diseases</a>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<a href="#">Nutrition</a>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<a href="#">Mental Health</a>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<a href="#">Substance Abuse Prevention</a>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<a href="#">Sex Education/Human Sexuality</a>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<a href="#">Methods of Teaching Health Education</a>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		

<p><b>CPR/First Aid Certification</b> *Attach certificate</p>			<p><b>Approved Providers – check one</b>          American Heart Association: <input type="checkbox"/> <input type="checkbox"/>          American Red Cross: <input type="checkbox"/>          _____          Nat’l Safety Council: <input type="checkbox"/>          _____          Emergency Care &amp; Safety Inst: <input type="checkbox"/> _____</p>
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Applicant’s Signature

I, \_\_\_\_\_, certify that the information contained in this application is true.

- I have attached any required documentation such as MIDAS transcripts, certifications, etc.
- I have submitted original transcripts. Please note that copies are not acceptable. **OR** I have requested electronic transcripts to be sent directly from the university/college to [transcripts@schools.utah.gov](mailto:transcripts@schools.utah.gov)

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- The application is complete and approved.
- The application is incomplete, but the applicant qualifies for an associate endorsement.  
 Applicant is qualified by:  bachelor’s degree or higher;  # of Requirement Areas met
- The application is incomplete and not approved for the following reason(s):

ENDORSEMENT SPECIALIST: \_\_\_\_\_

Date Reviewed and Returned to Licensing: \_\_\_\_\_