

2019-2020 School Year

- **Session One – April 29, 2020**
 - Welcome & Introductions – Amanda Charlesworth
 - Mindfulness in Crisis – Anna Smyth
 - Why Mentoring is Important – Nic Shellabarger
 - Calm in the Chaos – Ann Jones

- **Session Two – May 13, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Trauma Informed Interactions: Tools to Use with Students – Tanya Albornoz
 - Motivational Interviewing – Clarissa Stebbing

- **Session Three – May 27, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - SMART Goals – Trina Cotterman
 - Suicide Prevention – Cathy Davis
 - Human Trafficking: Awareness and Prevention – Allison Smith

Note: Recording was edited due to sensitive material.

- **Session Four – June 10, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Substance Abuse Prevention – Clarissa Stebbing
 - Gang Involved Youth, One Caring Adult Away from Success – Cecily Hallman

Note: No video presentation available due to technical difficulties.

- **Session Five – June 24, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Review of Trauma Informed Tools and Q&A - Tanya Albornoz
 - Building Bridges with DCFS – Darcie Peterson

Note: Recording was edited due to sensitive material.

2020-2021 School Year

- **Session Six – September 15, 2020**
 - Welcome and Introductions – Amanda Charlesworth
 - Mindfulness Moment – Julia Armstrong
 - Student Services Roles & Communication – Jerri Sagers, Jeremy Barns and Scott Eyre
 - Mentor Data – Nic Shellabarger & Amanda Charlesworth

- **Session Seven – October 8, 2020**
 - Welcome and Introductions – Amanda Charlesworth
 - Mindfulness Moment – Michelle Knight
 - Resilience in Young Children – Jerri Sagers & Corby Eason
 - Preparing Students for Post-Secondary Success – Kalee Crandall

- **Special Session – October 21, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Education Transition and Career Advocates (ETCA) Tasks Overview – Evyann Stinson
 - C&C Overview – Jeff Sagers, Ann Jones, and Amanda Charlesworth
 - Passing the Baton – Jennifer Gaultier

Note: PDF of presentation available upon request. Please contact Amanda Charlesworth at amanda.charlesworth@schools.utah.gov

- **Session Eight – November 9, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Motivating Students – Ashley Lower
 - UFACET Form Overview – Tanya Albornoz

- **Session Nine – December 9, 2020**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Protective Factors – Tanya Albornoz

Note: PDF of presentation available upon request. Please contact Amanda Charlesworth at amanda.charlesworth@schools.utah.gov

- **Session Ten – January 13, 2021**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - SPED 101 (specific to mentoring) – Naté Dearden
 - Agencies Working Together: Juvenile Justice Services and Schools – April Graham and Jackie Chamberlain
 - Mentors working with Juvenile Justice Services – USBE YIC Team

- **Session Eleven – February 10, 2021**
 - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth
 - Section 504 (specific to mentoring) – Holly Bell
 - SafeUT Overview – Ashely Pistello

- **Session Twelve – March 10, 2021**
 - Welcome and Mindfulness – Amanda Charlesworth
 - Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others – Scott Eyre
 - American Indian Information and Resources – Dustin Jansen and Dr. Harold Foster