



YIC Webinar: Session Seventeen

October 13, 2021
9:00am – 11:00am

Agenda:

❖ **Welcome, Mindfulness Moment and Introduction of**

Presenters: Amanda Charlesworth

❖ **Restorative Practices:** Cuong Nguyen

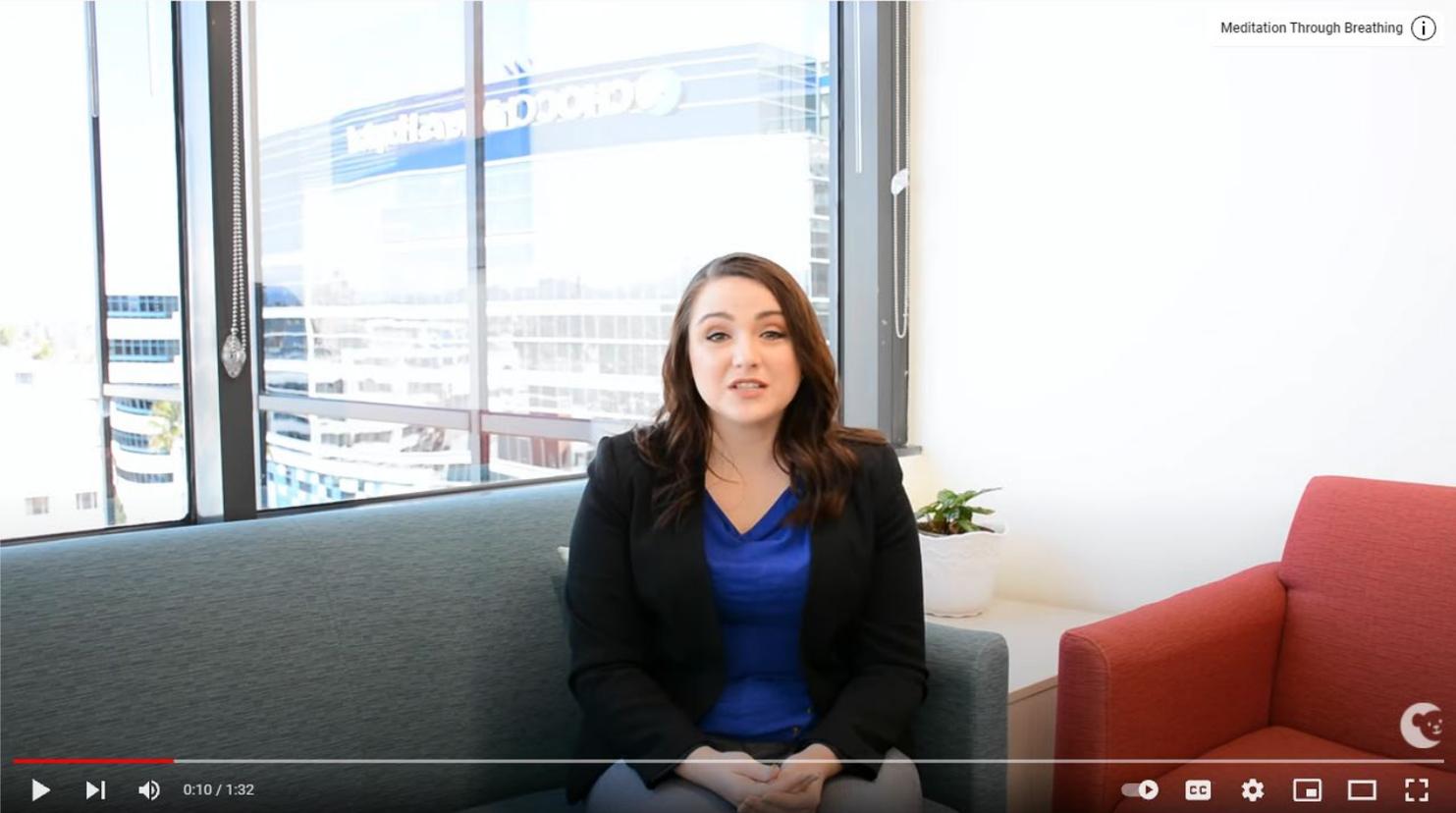
❖ **Creating Cultures of Staff Wellness & Care for our Schools**

& Community Partners: Scott Eyre

Welcome & Mindfulness

Finger Tracing Exercise:

<https://www.youtube.com/watch?v=67JDaNcX3gE>



Meditation Through Breathing ⓘ

0:10 / 1:32

From an accredited hospital
Learn how experts define health sources in a journal of the National Academy of Medicine ↗

Cuong Nguyen, USBE Prevention Specialist

Cuong Nguyen currently works as Prevention Specialist at USBE with a primary focus on restorative practices under Student Support Section. In addition, Cuong works on Dropout Prevention, Absenteeism/Truancy, and manages the annual Do The Write Thing Challenge, a youth violence prevention initiative for 7th and 8th grade students. Prior coming to USBE, Cuong had twelve years of work experience focused on juvenile justice policy for the Utah Commission on Criminal and Juvenile Justice, Governor's Office. For the first seven years, he worked with various juvenile justice stakeholders to develop and implement a plan to reduce the over-representation of minority youth in the juvenile justice system. The last five years, he was a director for the Utah Board of Juvenile Justice that managed the Title II federal grant and to ensure Utah complies to provide core standard of protections for youth when encountered with the juvenile justice system. In addition, Cuong was the director of the Juvenile Justice Oversight Committee, a 24-committee member tasked with overseeing the implementation of the House Bill 239 – an overhaul juvenile justice reform for the state of Utah. On volunteering capacity, Cuong is the program director for a non-profit volunteering organization outside of his regular job.



Scott Eyre, USBE School Based Mental Health Specialist



Scott works for the Division of Substance Abuse and Mental Health as the School Based Mental Health Specialist and acts as the liaison between the Division the State Board of Education. He is a part of the School Safety Center Leadership team which works to identify evidence-based approaches that increase the physical and psychological safety of students and improve overall school climate. Scott has a passion for working with youth and spent the first decade of his career at Provo Canyon School where he helped to develop the Early Adolescent and Elementary programs there. In 2016 he began his employment with the state of Utah where he spent 3 years with Juvenile Justice Services before transferring into his current position. Scott holds a Bachelors degree in Psychology from UVU and a Masters in Social Work from the University of Utah. In his free time Scott enjoys all things outdoors, coaching his sons sports teams, building and testing paddle boards and running/surviving the occasional ultra marathon in the desert.

Post-Training Survey

<https://forms.gle/C5EuJzKf8Cbm1CRp9>

