



NEWS RELEASE

Utah State Board of Education

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Utah Schools Celebrate National School Lunch Week “School Lunch Playlist” highlights #NSLW19

SALT LAKE CITY – To recognize the National School Lunch Program, Utah schools will celebrate National School Lunch Week from October 14-18, 2019. The theme, “School Lunch: What’s on Your Playlist,” spotlights how today’s school cafeterias are serving up healthy menu items that kids want to eat, with increased choice and customization.

National School Lunch Week will highlight the nutritious foods available daily at Utah schools. “School lunches offer students fruits and vegetables, whole grains and milk, and meet federal nutrition standards limiting fat, calories and sodium,” said Kathleen Britton, Child Nutrition Program Director. “National School Lunch Week helps us educate parents and students about all the benefits of the lunch program and the variety of healthy choices in the cafeteria. We encourage parents and caretakers to have the conversation about healthy eating options.”

The federally funded National School Lunch Program (NSLP) has been fueling students for success for more than 70 years. Last school year more than 50 million school lunches were served statewide. Eating healthy, well-balanced meals help students get the proper nutrition and achieve academically. Child Nutrition Programs help to ensure the children of Utah have adequate access to safe and nutritious foods, supporting a healthy school environment.

The “School Lunch Playlist” campaign is made possible by the nonprofit School Nutrition Association. Parents and students can follow the fun and highlight noteworthy school meals by using the hashtags #NSLW19, #SchoolLunchPlaylist, #SchoolLunch and #UTSchoolLunch. For more information on National School Lunch Week, visit <https://schoolnutrition.org/nslw/>. A quick fact sheet on the National School Lunch Program is available online at <https://www.fns.usda.gov/nslp/nslp-fact-sheet>.

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