## Transition Planning Timeline

<table>
<thead>
<tr>
<th>Grade Level Student Age</th>
<th>Transition Activities</th>
<th>Date Outside Service was Discussed at IEP Meeting</th>
<th>Date Outside Service was Obtained</th>
</tr>
</thead>
</table>
| **Preschool 3–5 years** | • Register with Division of Services for People with Disabilities (DSPD) if student has cognitive and/or significant disability  
• Get connected with Utah Parent Center (UPC)  
• Connect with other disability specific support organizations  
• Apply for Supplemental Security Income (SSI) based on student’s disability/severity and family income |                                                                                   |                                   |
| **Elementary K–6th Grade 5–12 years** | • Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, etc.)  
• Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Set up savings fund for post-secondary education  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list (parents need to fill out yearly form to stay active on waiting list; form sent home in March)  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations |                                                                                   |                                   |
| **Jr. High 7th Grade 12–13 years** | • Have student participate in interest/career assessments  
• Assess student self-advocacy skill level and disability awareness skill level  
• Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, etc.)  
• Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Set up savings fund for post-secondary education  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations |                                                                                   |                                   |
| **Jr. High 8th grade 13–14 years** | • Transition IEP must be in place at age 14  
• Teach student to participate in/lead his/her own IEP meeting  
• Discuss job shadowing, internships, paid employment  
• Discuss Pre-Employment Transition Services (Pre-ETS) Providers in the area (ages 14–21)  
• Discuss Vocational Rehabilitation (watch orientation video) |                                                                                   |                                   |
<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Student Age</th>
<th>Transition Activities</th>
</tr>
</thead>
</table>
| Jr. High 9th Grade | 14–15 years | - Discuss Utah Independent Living Center  
- Transition IEP must be in place at age 14  
- Teach student to participate in/lead his/her own IEP meeting  
- Discuss job shadowing, internships, paid employment  
- Learn about/connect with Pre-ETS Providers in the area  
- Discuss Vocational Rehabilitation  
- Have student participate in interest/career assessments  
- Assess student self-advocacy skill level and disability awareness skill level  
- Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, street crossing, etc.)  
- Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
- Set up savings fund for post-secondary education  
- Register with DSPD (if appropriate) OR confirm student is still on waiting list  
- Get/stay connected with UPC  
- Connect with other disability specific support organizations |
| High School 10th Grade | 15–16 years | - Explore careers and education in area of interest  
- Learn about post-secondary programs and visit campuses  
- Visit local college Disability Services office  
- Obtain driver’s license OR Utah State ID (16 yrs.)  
- Discuss SSI and Medicaid (https://medicaid.utah.gov/) |
<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Student Age</th>
<th>Transition Activities</th>
<th>Date Outside Service was Discussed at IEP Meeting</th>
<th>Date Outside Service was Obtained</th>
</tr>
</thead>
</table>
| High School | 11th Grade  | • Discuss alternatives to guardianship (Contact UPC and [Disability Law Center](http://disabilitylawcenter.org/))  
• Discuss Utah Independent Living Center  
• Teach student to participate in/lead his/her own IEP meeting  
• Discuss job shadowing, internships, paid employment  
• Access Pre-ETS Providers  
• Apply for Vocational Rehabilitation  
• Have student participate in interest/career assessments  
• Assess student self-advocacy skill level and disability awareness skill level  
• Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, transportation, etc.)  
• Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Set up savings fund for post-secondary education  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations  | | |
| | 16–17 years | • Obtain UTA Reduced Fare Card OR Para-Transit pass (if appropriate)  
• Plan for [Supported Decision-Making](http://www.supporteddecisionmaking.org/) or guardianship (if appropriate) at 18yrs.  
• Explore careers and education in area of interest  
• Learn about post-secondary programs and visit campuses  
• Visit local college Disability Services office  
• Obtain driver’s license OR Utah State ID (16 yrs.)  
• Discuss and prepare to apply for SSI and [Medicaid](https://www.medicaid.gov) (18 yrs.)  
• Discuss alternatives to guardianship (Contact UPC and [Disability Law Center](http://disabilitylawcenter.org/))  
• Discuss Utah Independent Living Center  
• Teach student to participate in/lead his/her own IEP meeting  
• Discuss job shadowing, internships, paid employment  
• Access Pre-ETS Providers  
• Apply for Vocational Rehabilitation | | |
<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Student Age</th>
<th>Transition Activities</th>
<th>Date Outside Service was Discussed at IEP Meeting</th>
<th>Date Outside Service was Obtained</th>
</tr>
</thead>
</table>
| High School 12th Grade 17–18 years | • Have student participate in interest/career assessments  
• Assess student self-advocacy skill level and disability awareness skill level  
• Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, transportation, etc.)  
• Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Set up savings fund for post-secondary education  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations  
• Teach [Americans with Disabilities Act](https://www.ada.gov/) (ADA) laws for workplace/postsecondary education  
• Connect with employment specialist for job development and job coaching (if needed)  
• Discuss postsecondary education support programs (see outside agency information below)  
• Learn about and fill out [FAFSA](https://studentaid.gov/h/apply-for-aid/fafsa)  
• Explore work-based learning opportunities and paid employment  
• Obtain UTA Reduced Fare Card OR Para-Transit pass (if appropriate)  
• Plan for [Supported Decision-Making](#) or guardianship (if appropriate) at 18yrs.  
• Explore careers and education in area of interest  
• Visit/tour post-secondary programs  
• Visit local college Disability Services office  
• Obtain driver’s license OR Utah State ID (16 yrs.)  
• Discuss and prepare to apply for SSI and [Medicaid](#) (18 yrs.)  
• Discuss alternatives to guardianship (Contact UPC and [Disability Law Center](#))  
• Discuss Utah Independent Living Center  
• Teach student to participate in/lead his/her own IEP meeting  
• Access Pre-ETS Providers  
• Apply for Vocational Rehabilitation  
• Assess/teach student self-advocacy skill level and disability awareness skill level  
• Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, transportation, etc.) |
<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Transition Activities</th>
<th>Date Outside Service was Discussed at IEP Meeting</th>
<th>Date Outside Service was Obtained</th>
</tr>
</thead>
</table>
| Student Age | • Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Set up savings fund for post-secondary education  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations   |                                                   |                                   |
| Post High School | • Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Set up savings fund for post-secondary education  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations   |                                                   |                                   |
| 18–22 years | • Apply for Support Work Independence (SWI) for paid employment support (if not receiving DSPD support)  
• Learn about and visit outside adult agencies where appropriate  
• Teach ADA laws for workplace/postsecondary education  
• Connect with employment specialist for job development and job coaching (if needed)  
• Explore and participate in work-based learning opportunities and paid employment  
• Obtain UTA Reduced Fare Card OR Para-Transit pass (if appropriate)  
• Plan for Supported Decision-Making or guardianship (if appropriate) at 18yrs.  
• Obtain driver’s license OR Utah State ID (16 yrs.)  
• Apply for SSI and Medicaid (reapply at age 18)  
• Discuss Utah Independent Living Center  
• Teach student to participate in/lead his/her own IEP meeting  
• Access Pre-ETS Providers  
• Apply for Vocational Rehabilitation (ASAP if not already done)  
• Assess/teach student self-advocacy skill level and disability awareness skill level  
• Discuss age appropriate home/community goals (dressing, hygiene, chores, purchasing, phone skills, transportation, etc.)  
• Discuss/assess independent living skills (dressing, hygiene, chores, budgeting, phone skills, transportation, etc.)  
• Register with DSPD (if appropriate) OR confirm student is still on waiting list  
• Get/stay connected with UPC  
• Connect with other disability specific support organizations   |                                                   |                                   |
Outside Agency Information

- **Aggies Elevated** – A comprehensive transition program for students with intellectual disabilities at Utah State University.
- **Creating Achievement Through Transition** (CATT) – Peer mentors for students at Weber State University.
- **Division of Services for People with Disabilities** (DSPD) – Respite, community, residential, and employment services are provided for people with developmental disabilities, brain injuries, and autism. Apply for services online or call (844) 275-3773.
- **Passages** – A program for students with autism at Utah Valley University.
- **Pre-Employment Transition Services Providers** (Pre-ETS) – A list of providers for students with disabilities ages 14–21 to assist with pre-employment skills.
- **Supplemental Security Income** (SSI) – Apply for SSI for students 18 and older or call 1-800-772-1213.
- **Support Work Independence** (SWI) – DSPD workplace supports for DSPD waitlist.
- **Utah Center for Assistive Technology** (UCAT) – Information and technical services to help people with disabilities acquire assistive technologies.
- **Utah Independent Living Center** – Assistance for housing, independent living skills, and social activities. Summer programs for teens and young adults. Free classes and outings for young adults. (801) 466-5565
- **Utah Parent Center** – Resources, workshops, and supports for families and transition aged students. (801) 272-1051
- **Utah Transit Authority** – Call 801-RIDE-UTA (743-3882) for reduced fare card information and para-transit appointments.
- **Vocational Rehabilitation** – Employment services for people ages 14 and up. Start with orientation video on website.