



Career and Technical Education

CTE DIRECTIONS

Career and Technical Education (CTE) News and Information

February 2025

Career and Technical Education provides all students access to high-quality, rigorous career-focused programs that result in attainment of credentials with labor market value.

Special Populations Best Practice – Single Parents

As we continue to highlight evidence-based practices, this month we highlight the special population of single parents. Career Technical Education (CTE) policies and programs have increasingly focused on supporting the needs of historically marginalized learners and closing access and performance gaps among learner groups. Single parents, including single pregnant women, have been identified within CTE as a population of interest since 1984.

In these evidence-based practices, here are several items to remember:

- Do not isolate teen parents in separate programs where access to CTE is not available. Access to CTE programs that lead to employment in an occupation with family-sustaining wages is critical.
- Allow for attendance flexibility and alternative course completion options, especially for teen parents who may be struggling to manage parenting responsibilities.
- Identify transportation opportunities for the teen parent's child to childcare and the student to school, ideally in the same location.
- Provide parenting/child development classes for teen parents to develop coping skills and stay in school.
- Help single parents develop skills to balance work/family/school/life and build financial literacy by integrating these skills into the curriculum and supplementing with workshops, online training, and newsletter content.



We encourage you to:

- Read the Advance CTE publication [Supporting Single Parents in Career and Technical Education](#).
- Review the USBE/CTE special populations webpage <https://www.schools.utah.gov/cte/specialpopulations>.
- Review current policies and non-documented actions taken with pregnant teens.

Happy CTE Month – CTE: Education Elevated

Throughout February educators and students across the nation will be celebrating career and technical education. CTE Month is a wonderful opportunity for CTE administrators, educators, staff, and students to celebrate their achievements, advocate for CTE, and to promote the CTE programs in your school.



Utah Career and Technical Education
CTE MONTH 2025
CTE: Education Elevated

“Some of my favorite high school experiences have been in the CTE program! My experiences in the Teaching as a Profession CTE Pathway have prepared me for my future career as a teacher. Other CTE classes have helped me become a better student and taught me important skills I will use throughout my life. CTE courses have helped me improve at navigating relationships and caring for children. I am grateful for the way CTE classes have helped shape my future,” said Liana.

As you celebrate your successes during CTE Month, there are numerous resources to assist you as you plan your celebration. CTE Month resources are available at <https://www.schools.utah.gov/cte/publications/month>.

Stay connected with @UtahCTE on Facebook, X, and Instagram. Share your posts by tagging us or sending us an email to utahcte@schools.utah.gov.

Advice to Students — Bentley: Future Chef

Utah high school seniors were asked, “What advice would you offer to future students about taking CTE courses during high school?” Bentley gives this advice:

“Take as many CTE courses as you can that are available to you. You might find something you enjoy as a hobby or want to do as a job one day. Many CTE courses are designed to prepare you for the job industry and simulate the workplace environment, as close as possible. If you take a class and find out that you don’t enjoy taking that particular course then that’s a great way to find out what you would enjoy doing for a career.”



@UtahCTE Social Media Highlights

- We highlight a past episode of the @tooleschools Elevated Insights podcast. Episode 28: Cultivating Culinary Chops features Chef Bronco Cloward and two of his students, Ebon and Canyon <https://tinyurl.com/ycky4x3z>.
- Congratulations to Becky Sagers who has been selected as this year’s Utah ACTE Administrator of the Year. Becky works tirelessly to promote CTE. She is the CTE coordinator at Roy High School and is the Educators Rising Utah state advisor.
- Utah’s youngest school district board member on record ran months after his graduation <https://shorturl.at/nqjw1>.

Calendar:

February 6: [Utah State Board of Education Meeting](#) – 250 East 500 South – Salt Lake City, UT

February 13: [Utah State Charter School Board Meeting](#) – 250 East 500 South – Salt Lake City, UT

[Utah CTE Calendar](#) | [ACTE Calendar](#)

Utah CTE classes are open to all qualified students without regard to race, color, national origin, sex, disability, or age.

Utah State Board of Education | Career and Technical Education
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