



Realistic types (Doers) have good coordination, motor skills and mechanical aptitude, enjoy using tools, and prefer hands-on work tasks.

**Compare yourself with the Doers.**

Would you describe yourself as:

- Practical?
- Self-controlled?
- Mechanical?
- Athletic?
- Outdoorsey?
- Persistent?

Are you good at:

- Fixing things?
- Operating equipment?
- Solving practical problems?

Do you like to:

- Work with plants?
- Take care of animals?
- Build things?
- Spend time outdoors?
- Be physically active?

Do you avoid:

- Doing paperwork?
- Working closely with other people?

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If your Holland Code is **REALISTIC**, and you think you would like to learn more about:

- Agricultural Science, Natural Resources, Animal Science, or Plants and Soil Science, check out the Pathways in Agriculture.
- Foods and Nutrition, Interior Design, or Architecture, check out the Pathways in Family and Consumer Sciences.
- Emergency Medicine, Exercise Science, or Optical, check out the Pathways in Health Science and Technology.
- Computers, Web Development, or Networks, check out the Pathways in Information Technology.
- Construction, TV Broadcasting, Mechanics, or Production Trades (e.g., Welding, Cabinetmaking), check out the Pathways in Skilled and Technical Sciences.

Student career interests are most commonly described by six career personality types defined by John Holland in his theory of occupational choice. Known as “Holland Codes,” these six types are at the base of a common organizational structure around which CTE program areas, national career clusters, and other career information can be arranged. An individual will typically be compatible with up to three of the following personality types.

**Technical**

Realistic (Doers)

**Scientific**

Investigative (Thinkers)

**Arts & Recreation**

Artistic (Creators)

**Social Humanitarian**

Social (Helpers)

**Marketing & Administration**

Enterprising (Persuaders)

**Business Operations**

Conventional (Organizers)

Career Fields help to develop the academic knowledge, technical skills, and employment skills vital for entry into the evolving labor market.

UTAH STATE BOARD OF EDUCATION  
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Sydnee Dickson, State Superintendent of Public Instruction  
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