1. **Motor Learning**  
MIDAS Course # 48788

Class Description: This course is designed to introduce new and future Physical Education teachers to motor learning and motor development principles. A particular focus will be on how the application of motor learning impacts the physical education learning environment.

1.5 USBE Credit Hours - 1 week, 5-6 hours/day for minimum of 25 class hours, plus a completed assignment or project is required for the USBE Credit.

**Dates: June 10-13, 2019**  
Location: Payson Junior High, 1025 South HWY 198, Payson, Utah 84651  
Room: E-89  
Time: Mon-Fri 8:00 am – 2:45 pm (30-minute lunch)  
Instructor: Eric Archer, eric.archer@nebo.edu  
Required Book: *Motor Learning and Performance from principles to application* by Richard A. Schmidt & Timothy D. Lee, ISBN: 978-1450443616

2. **Methods of Teaching Fitness for Life**  
MIDAS Course # 48789-2

Class Description: This course is designed to give new and future Physical Education teachers the essential knowledge to teach Fitness for Life. This course will dive into the Utah Core Standards for Fitness for Life, key terminology, planning, implantation and evaluation strategies.

1.5 USBE Credit Hours - 1 week, 5-6 hours/day for minimum of 25 class hours, plus a completed assignment or project is required for the USBE Credit.

**Dates: June 10-13, 2019**  
Location: Provo School District, 1591 Jordan Ave, Provo Utah 84604  
Room: GTC Conference Room  
Time: Mon-Thurs 8:00 am – 3:00 pm (45-minute lunch)  
Instructor: Teri Davis, terildavis@gmail.com  
*Starting Assignment: Before the first class please read the first 3 chapters of the book to become familiar with it.

3. **Methods of Teaching Fitness for Life**  
MIDAS Course # 48789-1

Class Description: This course is designed to give new and future Physical Education teachers the essential knowledge to teach Fitness for Life. This course will dive into the Utah Core Standards for Fitness for Life, key terminology, planning, implantation and evaluation strategies.

1.5 USBE Credit Hours - 1 week, 5-6 hours/day for minimum of 25 class hours, plus a completed assignment or project is required for the USBE Credit.
Dates: June 17-20, 2019  
Location: Weber State University, 1435 Village Dr. Ogden Utah 84408  
Room: Swenson Gym, Room 314  
Time: Mon-Thurs 9:00 am – 3:00 pm (working lunch)  
Instructor: Mandy King, mandyking@weber.edu  

4. **Methods of Teaching Secondary Physical Education**  
   MIDAS Course #48790-2

   Class Description: This course is designed to provide a solid foundation to the profession of physical education. This course includes an overview of the Utah Core Standards for Physical Education, key terminology, professional standards, curriculum planning, implementation, classroom management in the physical education setting and evaluation strategies.

   1.5 USBE Credit Hours - 1 week, 5-6 hours/day for minimum of 25 class hours, plus a completed assignment or project is required for the USBE Credit.

Dates: June 17-20, 2019  
Location: Weber High School, 430 Weber High Dr, Pleasant View, Utah 84414  
Room: 524  
Time: Mon-Thurs 8:00 am – 3:00 pm (45-minute lunch)  
Instructor: Jamie James, jajames@wsd.net  
Required Book: *The Essentials of Teaching Physical Education: Curriculum, Instruction, and Assessment (Shape America Set the Standard)* by Stephen A. Mitchell & Jennifer Fisette  

5. **Methods of Teaching Secondary Physical Education**  
   MIDAS Course #48790-1

   Class Description: This course is designed to provide a solid foundation to the profession of physical education. This course includes an overview of the Utah Core Standards for Physical Education, key terminology, professional standards, curriculum planning, implementation, classroom management in the physical education setting and evaluation strategies.

   1.5 USBE Credit Hours - 1 week, 5-6 hours/day for minimum of 25 class hours, plus a completed assignment or project is required for the USBE Credit.

Dates: June 24-27, 2019  
Location: Clayton Middle School, 1470 South 1900 East, Salt Lake City, Utah 84108  
Room: Gym  
Time: Mon-Thurs 8:00 am – 3:15 pm (45-minute lunch)  
Instructor: Reid Anderson, reid.anderson@slcschools.org  
No book required

   All assignments must be submitted by Friday, June 29, 2018 via Google Classroom

[MIDAS LINK](#) to register for above courses. Use the Midas Course number to locate each course.