

TURKEY IN THE STRAW (VIRGINIA REEL)	A simple variation of a traditional American folk dance popular during the western migration
STEPS	Walk; bow or curtsy, elbow swing; two-hand slide
FORMATION	Long-ways sets: two parallel lines, 5 boys on one side facing 5 girls on the other side 6 feet apart
POSITIONS	No initial contact, just stand opposite your partner
VARIATIONS	The dance can be changed or lengthened by adding additional patterns (do-si-do) before the slide
MUSIC	Cut time (steady duple) with 4 phrases of 8 beats
REPETITIONS	Repeat five times until each couple gets to slide

Both lines walk			Boys bow Girls curtsy				(home)
Forward 1	Forward 2	Forward 3	4	Back 5	Back 6	Back 7	Back 8
Right elbow			All the way around				(home)
Swing 1	Swing 2	Swing 3	Swing 4	Swing 5	Swing 6	Swing 7	Swing 8
Left elbow			All the way around				(home)
Swing 1	Swing 2	Swing 3	Swing 4	Swing 5	Swing 6	Swing 7	Swing 8
Head couple 2-hand slide to bottom of set	Other couples clap to the music						New line-up start from the top
1	Slide 2	Slide 3	Slide 4	Slide 5	Slide 6	Slide 7	8