

<b>CINDY</b>	A simple dance after the style of “big circle” dancing
STEPS	Walk; slide; step-kick
FORMATION	One large single circle
POSITIONS	Everyone with hands joined around the circle, no designated partners
VARIATIONS	If students feel inclined to skip, skip on the in and out of the circle pattern
MUSIC	Music in 2: 6 phrases of 8 beats
REPETITIONS	After an 8 beat introduction the dance repeats 3 times.

All circle to the R							
walk 1	walk 2	walk 3	walk 4	walk 5	walk 6	walk 7	walk 8
All slide to the R							
slide 1	slide 2	slide 3	slide 4	slide 5	slide 6	slide 7	slide 8
All circle to the L							
walk 1	walk 2	walk 3	walk 4	walk 5	walk 6	walk 7	walk 8
All slide to the L							
slide 1	slide 2	slide 3	slide 4	slide 5	slide 6	slide 7	slide 8
All face center				Walk toward center			
step R 1	kick L 2	step L 3	kick R 4	walk R 5	walk L 6	walk R 7	walk L 8
				Back out			
step R 1	kick L 2	step L 3	kick R 4	walk R 5	walk L 6	walk R 7	walk L 8