

TINGA LAYO	A couple dance performed in an adapted West Indies Calypso style
STEPS	Cuban walk: each step moves onto a relaxed leg slightly displacing the opposite hip; Mambo: rock forward R, rock back L, step R to side (quick, quick, slow rhythm) with opposite footwork starting on the L; Jazz square; forward R, cross L over R, step back R, step side L
FORMATION	Double circle: boys on the inside facing out from the center, girls on the outside facing in toward the center of the circle
POSITION	The dance is partner oriented and couples dance around each other but never intentionally touch leaving the body free to flow with the music
VARIATIONS	It's easier to learn the dance without the partner change. Add the partner change when students are secure with the Calypso movement.
MUSIC	Music in 2: The dance has two parts, a an A part (1 phrase of 8 beats) and a B part (1 phrase of 8 beats)
REPETITIONS	After an 8 beat introduction the dance follows an irregular pattern set by the music: AAB, AAB, AAAAB, AAAAB, AAB, AAA.

PATTERN A

Mambo facing partner				Cuban walk			
rock R (quick)	step R to side	rock L (quick)	step L side	turn in a small personal circle			
rock L (quick)	slow	rock R (quick)	slow	step R	step L	step R	step L
1 &	2	3 &	4	5	6	7	8

PATTERN B

Jazz Square				Jazz Square	Change partner by	slowly moving L while	doing a Jazz Square
step R forward	cross L over R	step back R	step side L	step R forward	cross L over R	step back R	step side L
1	2	3	4	5	6	7	8