

Approved Mental Health Screening Tool List

#	Name	Age	Condition Screening Detects	Screening Administrator	Evidence Based Data	Limitations and False Positives	Link to Website
1	Patient Health Questionnaire-9 (PHQ-9)	Age: • 11 - 17	• Depression/Mood	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://www.phqscreeners.com/
2	General Anxiety Disorder-7 (GAD-7)	Age: • 11 - 17	• Anxiety	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://www.phqscreeners.com/
3	Depression Self-Rating Scale for Children (DSRS-C)	Age: • 8 - 14	• Depression/Mood	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://dm0gz550769cd.cloudfront.net/shape/29/296a40a3a588c780b66b4657b5834342.pdf
4	The Columbia-Suicide Severity Rating Scale (C-SSRS)	Age: • 6+	• Suicide Ideation	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://cssrs.columbia.edu/
5	Signs of Suicide Brief Screen for Adolescent Depression (SOS, BSAD)	Middle School Ages: • 11 - 13 High School Ages: • 13 - 17	• Suicide Ideation & Depression	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://www.sprc.org/resources-programs/sos-signs-suicide
6	Revised Children's Manifest Anxiety Scale, Second Edition	Age: • 6 - 19	• Anxiety	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://www.wpspublish.com/rcmas-2-revised-childrens-manifest-anxiety-scale-second-edition
7	Reynolds Adolescent Depression Scale (RADS-2)	Age: • 11 - 20	• Depression	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://www.parinc.com/Products/Pkey/348

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8	Short Mood and Feelings Questionnaire (SMFQ) & SMFQ Parent Report	Age: • 6 - 17	• Depression	Non clinical, professional level; parent report & self-report versions available	Yes	• Relies on self report & • Relies on parent/guardian report	https://devepi.duhs.duke.edu/measures/the-mood-and-feelings-questionnaire-mfq/
9	Center for Epidemiological Studies Depression Scale for Children (CES-DC)	Age: • 6 - 23	• Depression	Non clinical, professional level; question/answer format	Yes	• Relies on self report	https://www.theshapesystem.com/wp-content/uploads/2019/09/CES-DC_FINAL_11.29.17.pdf
10	Terrace Metrics	Grade: • 3 - Adult	• Anxiety & Depression	Non clinical, professional level; educator observe and report	Yes	• Relies on self report	https://www.terracemetrics.org/
11	DSM 5 Cross-Cutting Symptom Measure (CCSM)	Parent/Guardian Administered, Age: • 6 - 17	• Anxiety & Depression	Licensed professional; question answer format	Yes	• Limited for clinical use only	https://www.psychiatry.org/pediatrics/practice/dsm/educational-resources/assessment-measures
12	DSM 5 LEVEL 2—Anxiety	Age: • 11 - 17	• Anxiety	Licensed professional; question answer format	Yes	• Limited for clinical use only	https://www.psychiatry.org/pediatrics/practice/dsm/educational-resources/assessment-measures
13	DSM 5 LEVEL 2—Depression	Age: • 11 - 17	• Depression	Licensed professional; question answer format	Yes	• Limited for clinical use only	https://www.psychiatry.org/pediatrics/practice/dsm/educational-resources/assessment-measures

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14	Child Behavior Checklist (CBCL)	Age: • 6 - 18	• Anxiety & Depression	Licensed professional; parent/caregiver observe and report	Yes	<ul style="list-style-type: none"> • Relies on parent/guardian report • Clinically used and scored 	https://aseba.org/school-age/
15	Teacher Report Form	Age: • 6 - 18	• Anxiety & Depression	Licensed professional; educator observe and report	Yes	<ul style="list-style-type: none"> • Relies on parent/guardian report • Clinically used and scored 	https://aseba.org/school-age/
16	Screen for Child Anxiety Related Emotional Disorders (SCARED)	Age: • 8 - 18	• Anxiety	Licensed professional; question answer format	Yes	<ul style="list-style-type: none"> • Relies on self-report & parent/guardian report • Clinically scored 	https://www.pediatricbipolar.pitt.edu/resources/instruments