

ELEMENTARY DANCE SPECIALIST ENDORSEMENT SPECS

Competencies and Requirements to Earn the Endorsement

This endorsement, when attached to a current Secondary or Elementary Educator License, qualifies an educator to teach Elementary Fine Arts Dance course code. A list of Dance courses can be found [here](#).

Endorsement Type Requirements:

Professional Elementary Dance Specialist Endorsement: All requirements met.

Associate Elementary Dance Specialist Endorsement: Complete at least one of the following requirements:

- Passing score on Dance Entry Level Teacher Assessment (DELTA) Exam;
- Earned a bachelor's or higher degree in the endorsement area; or
- Completed at least 3 of 8 Competency Requirement Areas for the endorsement.

Endorsement Competency Requirement Areas:

1. Dance History Competency
2. Dance Technique Competency
3. Dance In-Depth Technique Competency
4. Dance Kinesiology Competency
5. Dance Accompaniment Competency
6. Dance Improvisation Competency
7. Dance Composition Competency
8. Elementary Dance Pedagogy Competency

University Coursework:

For each of the following requirements, indicate the courses you have completed to satisfy the requirements. If the course description does not exactly match the category, please include a syllabus for further review. Applicants must earn a C or higher in the course(s) taken.

Praxis Exam:

The Dance Entry Level Teacher Assessment (DELTA) Exam is not required for all applicants. To get information or register for a test, go to www.ndeo.org/Learn/DELTA/About-the-Test

Competency-Based Portfolio:

Portfolio evidence of college-level competence in each category. Please see the checklist for each competency area.

Earning the Endorsement:

For each of the following competency requirement areas, an individual may select the Coursework option or the other method of demonstrated competency. Only ONE option per competency area is required. Documentation must be submitted to satisfy each of the requirements.

1. Dance History:

Competencies: In-depth knowledge of historical and cultural contexts of dance, knowledge of dance artists and their impact on trends, and effective and concrete application of this content in scholarly and/or creative work.

Options to Demonstrate Competency:

- **University Courses** option
 - [Course List](#)
- **Demonstrated Competency Portfolio - Research Paper**
 - Clearly demonstrates in-depth knowledge of historical and cultural contexts of dance.
 - Shows a comprehensive understanding of various dance forms, styles, and traditions across different cultures and time periods.
 - Provides extensive information on dance artists and their impact on the development and evolution of dance trends.
 - Presents a well-structured argument or analysis supported by concrete examples and evidence.
 - Incorporates both scholarly research and original insights or perspectives.
- **Demonstrated Competency Portfolio - Unit Plan**
 - Clearly outlines the objectives related to historical and cultural contexts of dance, knowledge of dance artists, and their impact on trends.
 - Provides a comprehensive overview of the topics, concepts, and skills

covered throughout the unit.

- Demonstrates a thoughtful selection and sequencing of content to promote effective learning and understanding.
- Includes diverse dance forms and styles from various cultures and time periods.
- Incorporates a range of instructional strategies and activities to engage students and enhance learning outcomes.
- Includes formative and summative assessments aligned with the unit's objectives.
- Offers opportunities for students to demonstrate their knowledge and skills through creative projects or performances.
- **Demonstrated Competency Portfolio - Lesson Video**
 - Clearly communicates the lesson's topic and learning objectives at the beginning of the video.
 - Utilizes effective visual aids, multimedia elements, or live demonstrations to enhance understanding.
 - Presents information on the historical and cultural contexts of dance and dance artists in a clear and engaging manner.
 - Integrates interactive elements or activities to encourage active learning and student participation.
 - Provides clear instructions and guidance for any practical activities or discussions.
 - Encourages critical thinking and reflection on the significance and impact of the content covered.
 - Concludes with a summary and recap of the key points discussed in the lesson.
 - Demonstrates a breadth of knowledge across different dance forms, cultures, and time periods.
 - Shows evidence of critical analysis, interpretation, or synthesis of the information presented.
 - Organizes the portfolio with clear sections or categories.

2. Dance Technique Competency - Breadth:

Competencies: Exhibit breadth of embodied dance knowledge in at least two different dance forms from a variety of geographical areas as outlined below. Identify and synthesize social, cultural, historical, aesthetic, and functional context of said forms. Express an openness to new dance forms and multi-perspectives. Cannot overlap with genres/forms from the depth section (below).
 Geographic Areas: Africa/African Diaspora, Asia/Asian Diaspora, Australasia/Australasian, Diaspora, Europe/European, Islands/Pacific Islands

Diaspora, Indigenous North American/North American Diaspora, South and Central Diaspora, and Social dance forms.

Options to Demonstrate Competency:

- **University Course** option
 - [Course List](#)
- **Demonstrated Competency Portfolio - Video**
 - **Unedited Video Submissions:**
 - Includes separate videos for each selected dance form.
 - Shows the candidate performing at least one minute of each dance form.
 - Demonstrates technical proficiency, artistic expression, and embodiment of the selected dance forms.
 - Exhibits an understanding of the social, cultural, historical, aesthetic, and functional elements of each form through movement. Demonstrates embodied knowledge in at least two different dance forms from the specified geographic areas
 - Ensures that the selected dance forms do not overlap with genres/forms from the "depth" section.
 - Provides a clear description and identification of the chosen dance forms.
 - Shows an understanding of the social, cultural, historical, aesthetic, and functional context of each form.
 - Synthesizes the information gathered to present a comprehensive understanding of the chosen dance forms.
 - Expresses openness to new dance forms and multi-perspectives..
 - Provides a 100-word description for each video, highlighting the concepts, skills, and social, cultural, historical, aesthetic, and functional context demonstrated.
 - Provides a brief artist statement expressing an openness to new dance forms and multi-perspectives.
 - Includes written reflections or analyses that synthesize the social, cultural, historical, aesthetic, and functional context of the selected dance forms.
 - Organizes the portfolio in a logical and visually appealing manner, with clear sections or categories
- **Demonstrated Competency High-Quality Performance Experience: Portfolio**
 - Presents evidence of participation in a fully produced concert or

production.

- Demonstrates embodied knowledge in at least two different dance forms from the specified geographic areas
- Ensures that the selected dance forms do not overlap with genres/forms from the "depth" section.
- Provides a clear description and identification of the chosen dance forms.
- Shows an understanding of the social, cultural, historical, aesthetic, and functional context of each form.
- Synthesizes the information gathered to present a comprehensive understanding of the chosen dance forms.
- Expresses openness to new dance forms and multi-perspectives.
- A 100-word description
- Describes the performance information, such as the title, venue, date, and collaborators involved.
- Reflects on the intensity of the project, including the level of commitment, rehearsals, and performance schedule.
- Highlights the skills acquired or developed through the performance experience.
- Discusses the social, cultural, historical, aesthetic, and functional context of the performance and its significance.
- Emphasizes the impact of the performance on the candidate's growth as a dancer and artist
- Organizes the portfolio in a logical and manner, with clear sections or categories
- **Demonstrated Competency - Certificate**
 - Certificate of successful completion of an intensive or workshop that equals a minimum of 20 hours of movement experience in a chosen dance form/genre.
 - Ensures that the selected dance forms or genres do not overlap with those in the breadth section.

3. Dance Technique Competency - In-Depth:

Competencies: Exhibit depth of embodied dance knowledge by demonstrating high proficiency in at least two dance forms or genres. Identify and synthesize social, cultural, historical, aesthetic, and functional context of the dance form. Cannot overlap with genres/forms from the breadth section (above).

Options to Demonstrate Competency

- **University Course option**
 - [Course List](#)

- **Demonstrated Competency Portfolio - Video**
 - Unedited Video Submissions:
 - Includes separate videos for each selected dance form or genre.
 - Shows the candidate performing at least one minute of each dance form or genre.
 - Demonstrates high proficiency and technical excellence in the selected dance forms or genres.
 - Exhibits an understanding of the social, cultural, historical, aesthetic, and functional elements of each form or genre through movement.
 - Demonstrates high proficiency in at least two dance forms or genres.
 - Ensures that the selected dance forms or genres do not overlap with those in the breadth section.
 - Provides a clear description and identification of the chosen dance forms or genres.
 - Shows an in-depth understanding of the social, cultural, historical, aesthetic, and functional context of each form or genre.
 - Synthesizes the information gathered to present a comprehensive understanding of the chosen dance forms or genres.
 - Provides a 100-word description for each video, highlighting the concepts, skills, and social, cultural, historical, aesthetic, and functional context demonstrated
- **Demonstrated Competency High-Quality Performance Experience: Portfolio**
 - Presents evidence of participation in a fully produced concert or production that showcases the selected dance forms or genres.
 - Demonstrates high proficiency in at least two dance forms or genres.
 - Ensures that the selected dance forms or genres do not overlap with those in the breadth section.
 - Provides a clear description and identification of the chosen dance forms or genres.
 - Shows an in-depth understanding of the social, cultural, historical, aesthetic, and functional context of each form or genre.
 - Synthesizes the information gathered to present a comprehensive understanding of the chosen dance forms or genres.
 - A 100-word description
 - Describes the performance information, such as the title, venue, date, and collaborators involved.
 - Reflects on the intensity and rigor of the project, including the level of commitment, rehearsals, and performance schedule.

- Highlights the skills acquired or developed through the intensive performance experience.
- Discusses the social, cultural, historical, aesthetic, and functional context of the performance and its significance.
- Emphasizes the impact of the performance on the candidate's growth as a dancer and artist.
- Organizes the portfolio in a logical manner, with clear sections or categories.
- **Demonstrated Competency - Certificate**
 - Certification and/or completion of dance-specific exams (e.g. Royal Academy of Dance exams, university technique finals, CLMA, etc.).
 - A 100-word description about the exam, intensity of study, and skills acquired.
 - Ensures that the selected dance forms or genres do not overlap with those in the breadth section.

4. Dance Kinesiology Competency:

Competencies. Demonstrate comprehension of musculoskeletal anatomy in order to identify, analyze, and articulate principles of human motion and injury prevention. Discern healthy variation within individual anatomical design to foster holistic wellness and functional alignment over aesthetic standards. Recognize indicators of physical development and growth as they relate to functional movement.

Options to Demonstrate Competency.

- University Course option
 - [Course List](#)
- **Demonstrated Competency Portfolio - Teaching Demonstration Video or Written Lesson**
 - Comprehension of Musculoskeletal Anatomy:
 - Demonstrates a comprehensive understanding of musculoskeletal anatomy.
 - Identifies, analyzes, and articulates principles of human motion and injury prevention based on anatomical knowledge.
 - Recognizes and understands the healthy variation within individual anatomical design.
 - Emphasizes holistic wellness and functional alignment over aesthetic standards.
 - Recognizes indicators of physical development and growth in relation to functional movement.
 - Teaching Demonstration Video or Written Lesson Plan:
 - Includes a proper warm-up and class progression that is age

- and form-specific.
- Provides a clear verbal explanation of three common postural patterns observed in dance students.
- Identifies the joint structures and muscles associated with each postural pattern.
- Explains how to assist or cue a student in each scenario to work toward more functional alignment.
- Demonstrates effective teaching techniques, such as visual cues, hands-on adjustments, or verbal prompts, in the video or lesson plan.
- Ensures the content is presented in a clear and organized manner, with appropriate sequencing of information and activities.
- Integration of Anatomy into Dance Instruction:
 - Shows how the understanding of musculoskeletal anatomy informs and enhances dance instruction.
 - Incorporates anatomical principles into movement exercises, combinations, or choreography.
 - Provides explanations or modifications that cater to individual variations in anatomical structure.
 - Emphasizes the importance of functional alignment and injury prevention throughout the teaching demonstration or lesson plan.
 - Demonstrates a student-centered approach that fosters a safe learning environment.
- Assessment and Feedback:
 - Includes a plan for assessing and providing feedback on students' alignment and movement patterns.
 - Describes specific assessment criteria and tools used to evaluate functional alignment and progress.
 - Demonstrates the ability to provide constructive and individualized feedback to students.
 - Discusses strategies for addressing and correcting postural patterns and promoting functional alignment in a supportive manner.
- Organizes the portfolio in a logical and visually appealing manner, with clear sections or categories.

5. Dance Accompaniment Competency:

Competencies: Demonstrate a basic knowledge of the following musical principles and simple rhythmic fundamentals as they apply to dance.

- I. Time signature
- II. Rhythmic patterns
- III. Accents
- IV. Tempo
- V. Meter
- VI. Phrasing
- VII. Syncopation
- VIII. Cumulative, mixed, and polyrhythms

Apply these elements to composition, dance lessons, appropriate sound scores for movement, and the ability to provide musical accompaniment for classes.

Options to Demonstrate Competency.

- **University Course** option
 - [Course List](#)
- **Demonstrated Competency Portfolio**
 - Demonstrates the ability to integrate musical elements effectively into choreography, teaching dance classes, and selecting appropriate music for different types of movement.
 - Shows an understanding of how musical choices can enhance or complement dance movements, creating a cohesive and engaging experience for the audience or participants.
 - Includes a video of teaching a dance class that incorporates musical and rhythmic practices, along with live accompaniment and appropriate music choices for the class.
 - Provides a video showcasing choreography that applies advanced musical sensibilities and applications.
 - Describes how the knowledge of musical principles enhances the choreographic process, teaching methods, and the overall dance experience.
 - Presents evidence of a lesson plan that incorporates music principles and demonstrates their application to musical practices in a dance setting.
 - Analyzes the effectiveness of musical choices and their alignment with the desired artistic intent.
 - Demonstrates a basic knowledge of musical principles as they apply to dance, including:
 - Time signature
 - Rhythmic patterns
 - Accents

- Tempo
- Meter
- Phrasing
- Syncopation
- Cumulative, mixed, and polyrhythms
- Understands the basic concepts and terminology associated with each musical principle.
- Applies the musical principles to composition, dance lessons, appropriate sound scores for movement, and providing musical accompaniment for classes.
- Creates a musical map of three selected musical works, illustrating an understanding of their structure, rhythm, and other musical elements.
- Includes a music annotated bibliography of 30 compositions from a variety of composers and genres that highlights musical principles, providing a basic overview of each song or composition.
- Organizes the portfolio in a logical manner, with clear sections or categories.

6. Dance Improvisation Competency:

Competencies. Synthesize knowledge of and demonstrate skills in improvisation to:

- I. Invent and innovate movement
- II. Deepen artistry and expressivity
- III. Embody intuition and immediacy
- IV. Sense and respond to stimuli to effectively communicate concepts and ideas

Implement improvisation as a tool for discovery of self, others, and creative processes.

Options to Demonstrate Competency.

- **University Course** option
 - [Course List](#)
- **Demonstrated Competency Portfolio**
 - Improvisation-based interview (either in-person or digital connection) in which the candidate responds to various movement prompts.
 - Video submission of the candidate leading a 10-minute improvisational activity in an authentic 6-12 setting.

7. Dance Composition Competency :

Competencies. Demonstrate competency in creating and analyzing original choreography that considers a diverse array of movement dynamics, structures, and aesthetic perspectives.

Options to Demonstrate Competency.

- **University Course** (three courses required) option

- [Course List](#)
- **Demonstrated Competency Portfolio - Video Submissions:**
 - Provides two video submissions of originally choreographed dance works.
 - Each dance work should have a minimum length of 3 minutes.
 - Selects works that can be performed in a proscenium stage, classroom, or a public viewing setting.
 - Demonstrates choreographic choices that highlight movement dynamics, structures, and aesthetic perspectives.
 - Showcases the ability to create engaging and impactful choreography that effectively communicates the intended artistic vision.
 - Demonstrates the ability to create original choreography that considers a diverse array of movement dynamics, structures, and aesthetic perspectives.
 - Shows an understanding of choreographic principles, such as composition, spatial design, use of dynamics, musicality, and thematic development.
 - Considers the specific skill sets and abilities of the performers when creating the choreography.
 - Exhibits competency in creating both group and solo movement material.
 - Performer Support and Skill Set Consideration:
 - Designs the choreography in a way that supports and enhances the specific skill sets of the performers.
 - Demonstrates an understanding of the performers' strengths and abilities and tailors the movement material to showcase their talents.
 - Utilizes movement vocabulary and technical elements that challenge and develop the performers' skills while maintaining artistic integrity.
 - Organizes the portfolio in a logical manner, with clear sections or categories.

8. Elementary Dance Pedagogy Competency:

Competencies: Demonstrate competency and understanding of the purpose, meaning and impact of teaching dance to elementary children and the educational benefits and teaching methods associated. Demonstrate knowledge and expertise in

- I. Age appropriate dance teaching
- II. Dance classroom management
- III. Elements of dance (body, energy, space, time, and action)

- IV. Guiding, exploring and building movement investigations from simple to complex through the creative process with clear directions and cueing.
- V. Methodologies of children dance
- VI. Utah Elementary Dance Core Standards K-6
- VII. Educational benefits of creative dance and importance in education.
- VIII. Integration and connection with other disciplines, subjects, and life skills (cultural and emotional).
- IX. Appropriate coaching, use of drums, and music in the dance classroom.
 - **University Course** option
 - [Course List](#)
 - **Demonstrated Competency Portfolio**
 - Provides two video submissions of teaching K-8
 - One for an upper grade 4-8
 - One for a lower grade K-3
 - Demonstrates an integrated movement lesson highlighting teaching skills, classroom management, movement directions, side-coaching, dance movement vocabulary, and the creative process.
 - Develops three elementary dance lesson plans:
 - Elements of Dance lesson, Arts Integrated lesson, and one additional lesson of the applicant's choice.
 - Clearly identifies the relevant Utah State Core standards using the standard of Create, Perform, Connect, and Reflect.
 - Defines clear and measurable objectives for each lesson.
 - Incorporates appropriate academic language to enhance students' understanding.
 - Provides activities for students to experience and identify the elements of dance.
 - Facilitates movement investigations and explorations to deepen understanding.
 - Submits a short 3-4 page paper on the educational benefits, teaching methods, and importance of creative dance in elementary school.
 - Provides a thoughtful analysis and synthesis of the literature and research in the field.
 - Demonstrates competency and understanding of the purpose, meaning, and impact of teaching dance to elementary children.
 - Shows knowledge and expertise in age-appropriate dance teaching, dance classroom management, and the elements of dance (body, energy, space, time, and action).
 - Understands and applies guiding, exploring, and building movement

investigations from simple to complex through the creative process with clear directions and cueing.

- Familiar with methodologies of teaching dance to children and the Utah Elementary Dance Core Standards K-8.
- Recognizes the educational benefits of creative dance and its importance in education.
- Understands the integration and connection of dance with other disciplines, subjects, and life skills.
- Organizes the portfolio in a logical manner, with clear sections or categories.

Submit all documentation and application form to Educator Licensing through SM Apply (<https://usbelicensing.smapply.us/>). Transcripts must be submitted to transcripts@schools.utah.gov directly from your college or university.