Transition for Young Adults with Special Health Care Needs

With Newborn Safe Haven

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UTAH DEPARTMENT OF HEALTH

WORK ABILITY

CENTER for PERSONS with DISABILITIES at Utah State University

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Transition Needs Survey

Are you interested in transition information directed at young adults?
Yes No

Are you interested in transition information directed at parents?
Yes No

What information do you need for your parents/young adults?

1. Employment
2. Adult Health Care
3. Independent Living
4. Education
5. Guardianship
6. Health Insurance
7. SSI
8. Social and Recreational
9. Daytime Activities
10. Sexuality
11. Genetic Counseling
12. Transportation
13. Local Resources
14. Other

What format would be most useful to you for purposes of sharing with you parents/young adults

1. Brochure
2. Video
3. Website
4. Phone
5. Presentations/Discussions
6. E-Mail

Who Is CSHCN?

- Utah Children with Special Health Care Needs (CSHCN) is a part of the Utah Department of Health, Division of Family Health and Preparedness and is the state Maternal Child Health (Title V, MCH) agency for Utah.
- We oversee 10 diverse programs for children throughout the state. Each is unique in its services for children with special health care needs.

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What Do We Do?

- CSHCN provides and promotes family-centered, coordinated care and facilitates the development of community-based systems for these children and their families.
- CSHCN activities focus on reduction of preventable death, disability and illness in children due to chronic and disabling conditions.

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A Little About Transition

- Transition
  - "Transition is a process, not an event"
  - Transition is for everyone
- Transition issues for the children, young adults and parents we see at CSHCN Clinics
- Wasatch Front
- Rural Locations
- Transition brochures
  - http://www.health.utah.gov/cshcn/Transitions/Index.html

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Asking Affects Lives

Family and young adult feel overwhelmed with health issues

Young adult talks to doctor about health issues

Doctor asks about interests and functioning related to health issue and directs care to increase functioning

Young adult has increased function and gets job with insurance

Young adult keeps going to doctor and manages condition

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Not Asking Also Affects Lives

Family and young adult feel overwhelmed with health issues

Young adult accepts current functioning level or deteriorating level

Family keeps young adult in a "safe" environment, they are in supported employment setting or adult day care. Mom quits job or works part-time to stay home with young adult more.

Young adult enrolls in public insurance and applies for other services

Young adult does not regularly access medical care and does not manage condition

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Utah Post-School Outcomes Survey - 2010

Purpose:

- To identify on a statewide survey the status of students with Individual Education Plans who have exited the school system at least one year prior to the interview
- The response rate of 10% unfortunately doesn't allow for generalization of the results
- http://www.utahposthighsurvey.org/

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Employment Outcomes

- 59% employed for at least 90 days
- 88% work in an integrated setting
- 39% work 35 or more hours per week
- 54% earn above minimum wage
- 18% receive benefits
- Males and females are employed at an almost equal rate
- Those who "aged-out" of services are least likely to be employed

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Post-secondary Education and Training

- 14% attend a 4 year school
- 10% attend a 2 year community college
- 9% attend technical college, vocational school or short term training

- 50% did not seek higher education because they were already employed

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Independent Living

- 74% continue to live at home with parents
- 21% live independently
- 1% live in a supervised living residence (assisted living center, group home, adult foster care)
- 0% live in institutional/residential setting (correctional, convalescent or mental health)

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Who Is Work Ability Utah?

- Work Ability Utah fosters a system of work incentives and supports (EPAS and Benefits Planning) to increase employment.

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Supporting Medical Homes: Sharing information and resources with health care providers.

- Transition brochures
  - http://www.health.utah.gov/cshcn/Transitions/Index.html
- Work Ability
  - http://www.workabilityutah.org/youth/index.php
- Medical Home Portal
  - http://www.medicalhomeportal.org
- Youth Leadership Toolkit
  - http://blt.cpd.usu.edu/Leadership_Toolkit.html

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UTAH NEWBORN SAFE HAVEN

- Law:
  - Take newborn (less than 72 hours) to 24 hour hospital
  - No questions asked
  - Adoption through DCFS
- Project:
  - www.utahsafehaven.org
  - Toll Free: 866-458-0058
  - Form on website for health history of infant & parents
  - Outreach to hospitals, emergency workers, schools, public
  - Outreach and telephones through YWCA

Want More?

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Breaking News: Watch for the launch of the "Learn the Signs. Act Early." campaign on October 26, 2011, health.utah.gov/utahactearly

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