

## ND Early Childhood Outcomes Process Age Expectation Developmental Milestones Quick Reference

<p><b><u>Outcome 1:</u></b> <b>Positive Social-Emotional Skills</b> Children demonstrate age appropriate functioning by.....</p> <p><b>Birth - 6 Months</b></p> <ul style="list-style-type: none"> <li>• Fixating on the human face and tracking or following movements</li> <li>• Being comforted and appearing to enjoy touch and being held by a familiar adult</li> <li>• Smiling spontaneously to human contact, smiling in play, and smiling at self in mirror</li> <li>• Vocalizing in response to vocalizations and speech produced by an adult</li> </ul>	<p><b><u>Outcome 2:</u></b> <b>Acquiring and Using Knowledge and Skills</b> Children demonstrate age appropriate functioning by.....</p> <p><b>Birth - 6 Months</b></p> <ul style="list-style-type: none"> <li>• Trying to cause things to happen such as kicking a mobile and smiling</li> <li>• Developing more precise imitation skills of facial movements and speech sounds</li> <li>• Securing an object that is partially hidden with a cloth</li> <li>• Demonstrating exploratory behaviors with objects</li> <li>• Pitch and intonation vary</li> </ul>	<p><b><u>Outcome 3:</u></b> <b>Taking Appropriate Action to Meet Needs</b> Children demonstrate age appropriate functioning by.....</p> <p><b>Birth - 6 Months</b></p> <ul style="list-style-type: none"> <li>• Beginning to reach for objects</li> <li>• Bringing hands together at midline</li> <li>• Walking reflex; when held upright with feet resting on flat surface, lifts feet alternately in walking-like motion</li> <li>• Holding small objects or toys</li> </ul>
<p><b>7 - 12 Months</b></p> <ul style="list-style-type: none"> <li>• Imitating by turn-taking</li> <li>• Exhibiting anxious behavior around unfamiliar adults</li> <li>• Repeating a behavior (shows off) to maintain adult attention</li> <li>• Briefly stopping behavior when told “no”</li> </ul>	<p><b>7 - 12 Months</b></p> <ul style="list-style-type: none"> <li>• Transferring objects from one hand to another</li> <li>• Demonstrating a refined neat-pincer grasp with thumb opposition</li> <li>• Demonstrating emerging problem solving skills</li> <li>• Maintaining attention to speaker</li> <li>• Imitating consonant and vowel combinations</li> <li>• Vocalizing with intent</li> <li>• Identifying two body parts on self</li> </ul>	<p><b>7 - 12 Months</b></p> <ul style="list-style-type: none"> <li>• Pulling self to standing posture next to furniture</li> <li>• Drinking from a cup</li> <li>• Beginning to feed self finger foods</li> <li>• Beginning to grab for spoon when being fed</li> <li>• Pointing with index finger</li> <li>• Pulling off own socks</li> <li>• Beginning to cooperate when being dressed</li> </ul>
<p><b>13 - 24 Months</b></p> <ul style="list-style-type: none"> <li>• Demonstrating more complex exploration and play skills with toys and objects</li> <li>• Initiating familiar turn-taking routines</li> <li>• Discriminating between familiar and unfamiliar people</li> <li>• “Checking-in” with familiar adults while playing</li> <li>• Gaining enjoyment from peer play and joint exploration</li> </ul>	<p><b>13 - 24 Months</b></p> <ul style="list-style-type: none"> <li>• Looking at, pointing and naming pictures in a book</li> <li>• Using 2 to 3 word phrases</li> <li>• Following a 2 or 3 step directions</li> <li>• Referring to self by name</li> <li>• Using sentence-like intonation patterns</li> <li>• Stacking 5 or 6 blocks</li> </ul>	<p><b>13 - 24 Months</b></p> <ul style="list-style-type: none"> <li>• Beginning to explore the environment independently</li> <li>• Demonstrating more advanced movement and motor skills such as running and climbing</li> <li>• Picking up small items (food or toys) with ends of thumb and index finger (neat pincer grasp)</li> <li>• Trying to wash own hands and face</li> </ul>

<p><b>25 - 30 Months</b></p> <ul style="list-style-type: none"> <li>• Having difficulty sharing with peers</li> <li>• Obeying adult requests approximately half of the time</li> <li>• Continuing to try a difficult task for a brief period of time (building with blocks for 3 to 5 minutes)</li> <li>• Seeking and accepting assistance when encountering difficulties</li> <li>• Wanting to do favorite activities over and over again</li> <li>• Separating from parent in familiar surroundings without crying</li> </ul>	<p><b>25 - 30 Months</b></p> <ul style="list-style-type: none"> <li>• Understanding approximately 500 words and says 200 words</li> <li>• Speaking in 2 to 3 word sentences; jargon and echolalia are almost gone</li> <li>• Answering and asking simple “who, what, where” questions</li> <li>• Naming at least one color</li> <li>• Matching simple shapes such as circle, square and triangle</li> <li>• Understanding size differences (big, little)</li> </ul>	<p><b>25 - 30 Months</b></p> <ul style="list-style-type: none"> <li>• Independently eating with spoon</li> <li>• Taking off own shoes, socks, and some pants</li> <li>• Imitating circular, vertical and horizontal strokes</li> <li>• Walking up steps, alternating feet in adult fashion while holding rail or hand</li> <li>• Snipping paper with scissors</li> <li>• Catching ball (by trapping against body) when playing with adult or peer</li> </ul>
<p><b>31 - 36 Months</b></p> <ul style="list-style-type: none"> <li>• Associative play predominates</li> <li>• Separating easily from parent or in familiar environment</li> <li>• Throwing tantrums when thwarted or unable to express urgent needs</li> <li>• Following simple rules</li> <li>• Taking turns in games</li> <li>• Listening and participating in group activities with adult supervision</li> <li>• Pretending and using imagination during play</li> </ul>	<p><b>31 - 36 Months</b></p> <ul style="list-style-type: none"> <li>• Giving first and last name when asked</li> <li>• Using 4 to 6 word phrases or sentences</li> <li>• Beginning to use contractions</li> <li>• Using past tense</li> <li>• Drawing a face from a model</li> <li>• Matching three colors</li> <li>• Matching objects by color, shape and size</li> <li>• Stating whether they are a boy or girl</li> </ul>	<p><b>31 - 36 Months</b></p> <ul style="list-style-type: none"> <li>• Using a fork to spear bite-size chunks of food</li> <li>• Hopping in one place on one foot three times</li> <li>• Verbalizing toileting needs fairly consistently</li> <li>• Washing and drying hands, brushing teeth</li> <li>• Copying a circle</li> <li>• Unbuttoning buttons</li> </ul>
<p><b>37 - 48 Months</b></p> <ul style="list-style-type: none"> <li>• Responding to and making a verbal greeting</li> <li>• Beginning to show cooperative play without adult supervision</li> <li>• Demonstrating fears (mechanical toys, vacuum cleaner, thunder, dark)</li> <li>• Wanting to be “big girl,” “big boy,” and acquire new skills</li> <li>• Accepting suggestions and follows simple directions</li> <li>• Accepting the consequences of one’s own actions</li> <li>• Follows routines independently and completes familiar routines</li> <li>• Showing persistence when completing difficult tasks</li> </ul>	<p><b>37 - 48 Months</b></p> <ul style="list-style-type: none"> <li>• Drawing a person with head and 1 to 3 additional features</li> <li>• Following three step commands in a complex sentence</li> <li>• Listening attentively to short stories: enjoying familiar stories told without any changes in words</li> <li>• Responding to questions with appropriate answers</li> <li>• Speaking clearly enough so that 75 to 80 percent of speech is understandable to an unfamiliar listener</li> <li>• Names four colors</li> <li>• Telling own age and gender</li> <li>• Matching objects that have the same function</li> <li>• Understanding the concept of the number 3</li> </ul>	<p><b>37 - 48 Months</b></p> <ul style="list-style-type: none"> <li>• Using the toilet with some help</li> <li>• Performing more refined tasks (buttoning, zipping, attempts at tying shoes)</li> <li>• Walking upstairs and downstairs alternating feet without holding on to rail or hand</li> <li>• Feeding self with fork, spoon and buttering bread with knife</li> <li>• Putting on boots and mittens</li> <li>• Wiping nose, unassisted</li> <li>• Brushing teeth independently</li> <li>• Using vertical, horizontal, and circular motions when drawing</li> <li>• Copying drawing a cross</li> </ul>

<p><b>49 - 60 Months</b></p> <ul style="list-style-type: none"> <li>• Recognizing other’s needs and giving assistance</li> <li>• Preferring to play with other children to playing alone, except when involved in a project</li> <li>• Engaging in cooperative play</li> <li>• Attending during large group for ten minutes</li> <li>• Waiting in turn for adult attention</li> <li>• Having a best friend of the same gender</li> </ul>	<p><b>49 - 60 Months</b></p> <ul style="list-style-type: none"> <li>• Drawing a person with at least five parts</li> <li>• Matching sounds in familiar songs</li> <li>• Clapping syllables in name</li> <li>• Articulating the difference between beginning and ending sounds</li> <li>• Substituting sounds in words</li> <li>• Identifying letters in first and last name</li> <li>• Using print in imaginary play</li> <li>• Copying symbols and letters of first name</li> <li>• Giving 3, 5, 7 objects upon request</li> <li>• Rote counting to 10</li> <li>• Recognizing symbols 1 to 10</li> <li>• Counting objects to 5</li> <li>• Telling age, middle name, last name, parent’s name, address/town, telephone numbers, birthday, days of week</li> </ul>	<p><b>49 - 60 Months</b></p> <ul style="list-style-type: none"> <li>• Wiping nose independently</li> <li>• Demonstrating hand dominance</li> <li>• Holding a pencil with 3 finger grasp</li> <li>• Zipping zippers</li> <li>• Lacing shoes</li> <li>• Dressing and undressing independently, including front fasteners, requiring assistance with ties and back fasteners</li> <li>• Cutting a circle with scissors</li> </ul>
<p><b>61 - 72 Months</b></p> <ul style="list-style-type: none"> <li>• Recognizing that there are “good” and “bad” touches</li> <li>• Responding verbally and positively to good fortunes of others</li> <li>• Demonstrating tenderness and protectiveness toward younger children and pets</li> <li>• Working alone at chore for 20 to 30 minutes</li> <li>• Predicting classroom routines and guiding other children in routines</li> <li>• Expressing anger with non-aggressive words rather than with physical actions</li> <li>• Comforting friends in distress</li> </ul>	<p><b>61 - 72 Months</b></p> <ul style="list-style-type: none"> <li>• Telling similarities and differences</li> <li>• Predicting what will happen next</li> <li>• Pointing out common words in stories</li> <li>• Discriminating and articulating middle sounds in words</li> <li>• Identifying beginning sound of name and finding another word with same sound</li> <li>• Identifying most letter sounds</li> <li>• Recognizing and naming most letters</li> <li>• Printing name independently</li> <li>• Matching numbers with objects</li> <li>• Pointing to and naming hip, waist, toenails, chest, eyebrows, jaw, stomach, fingernails, back, wrist, cheek</li> <li>• Telling own city, state, months of year, current year</li> <li>• Drawing a person with six parts</li> </ul>	<p><b>61 - 72 Months</b></p> <ul style="list-style-type: none"> <li>• Obeying traffic lights and signs</li> <li>• Covering mouth and nose when coughing and sneezing</li> <li>• Understanding that it is unsafe to accept rides, food, or money from strangers</li> <li>• Cutting soft food with knife</li> <li>• Making simple breakfast and lunch</li> <li>• Bathing without assistance</li> <li>• Selects clothing appropriate for temperature and occasion</li> <li>• Making own bed when asked</li> <li>• Being responsible for one household chore</li> <li>• Skipping on alternating feet, maintaining balance</li> <li>• Running smoothly with changes in speed</li> </ul>

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<http://www.dpi.state.nd.us/speced/early/index.shtm>