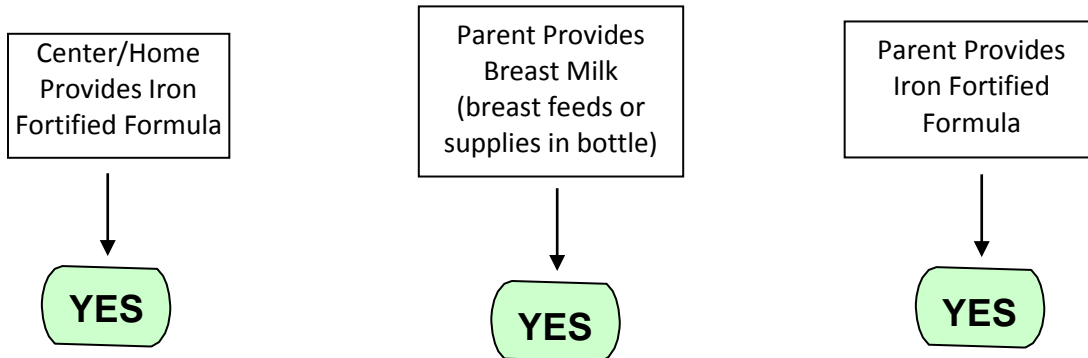


# CLAIMING INFANT MEALS IN CACFP

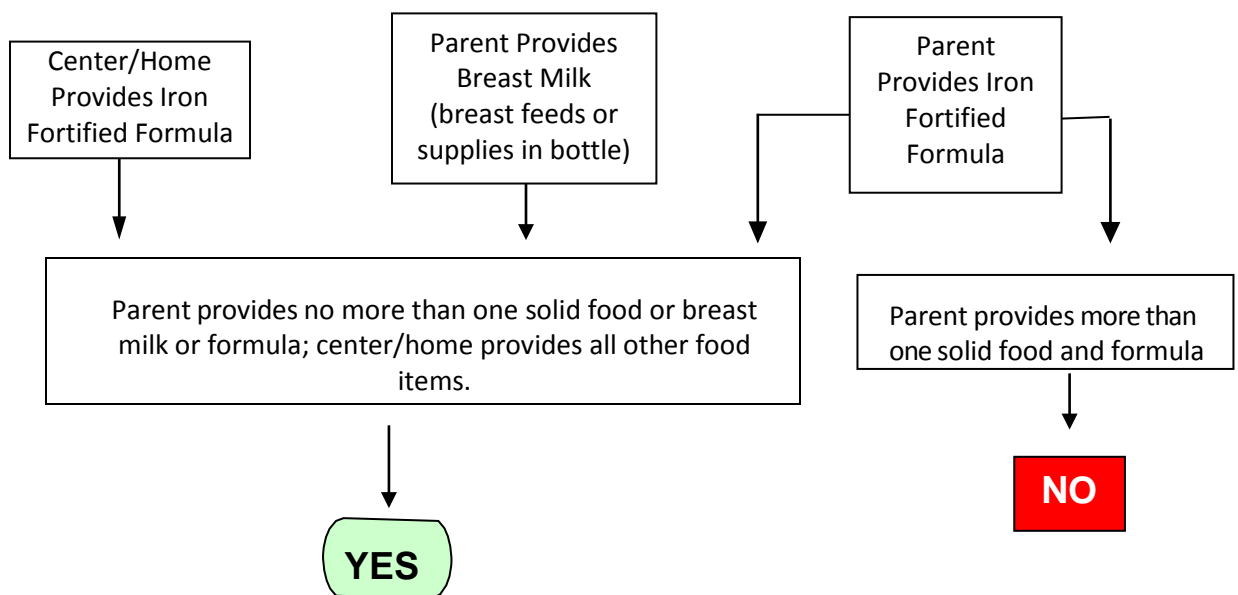
## 0 THROUGH 5 MONTHS



It is recommended signed parent requests are on file when starting to serve solid food and the infant is developmentally ready. The American Academy of Pediatrics advises delaying introduction of solid foods until 6 months of age.

## 6 MONTHS UNTIL 1<sup>ST</sup> BIRTHDAY

Once an infant is developmentally ready, s/he must receive solid foods. Generally infants should be receiving solid foods from all food groups between 7-8 months of age. Infants should be receiving what they normally eat at home (item must be creditable for the food program). Work with parents to determine developmental readiness.



*When breast milk or formula is the only required component, meal can be claimed if parent provided and formula is iron fortified.*