Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last a **lifetime**.

GOOD

EATING HABITS

do not just happen—they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

CHILD CARE CENTERS can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food, and encouraging children to eat a variety of foods.

FOR MORE

Information

CONTACT:

Child Nutrition Programs

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State Superintendent of Public Instruction

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The USDA is an equal opportunity provider and employer

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The Child and Adult Care Food Program

CHILD CARE Center

THE CHILD AND ADULT CARE FOOD PROGRAM (CACFP) *is a federally funded program designed to provide nutritious meals to children.*

Utah State Office of Education

Meals & Reimbursement

Child care centers receive reimbursement for meals served to enrolled children ages 12 and under.

Eligible centers may be reimbursed for up to two meals and one snack, or two snacks and one meal, for each enrolled child per day.

Reimbursement rates are based on a household's economic level and are adjusted yearly.

July 2013-June 2014 Reimbursement Rates

Meal	Free	Reduced	Paid
Breakfast	$1.58	$1.28	$.28
Snack	$.80	$.40	$.07
Lunch/Supper	$2.93	$2.53	$.28

Training

The Utah State Office of Education, Child Nutrition Programs provides training for child care center directors and staff who are interested in starting the program.

Eligibility

To qualify for the CACFP, child care centers must be state-licensed.

In addition:

- All organizations must be registered with the Department of Commerce.
- Nonprofit organizations must have a 501(c) (3) approved under the IRS code of 1986, and have a community-based board of directors.
- For-profit centers must either have 25 percent or more of the children eligible for free or reduced-priced meals, or 25 percent or more of the children receiving Title XX funding.