



Utah State Board of Education

Utah State Board of Education (USBE) Youth In Custody (YIC), Prevention and Safe and Healthy School teams Professional Learning (PL) Offerings for Check & Connect (C&C) Mentors and related Local Education Agency (LEA) staff.

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Check & Connect (C&C) Mentor Program Trainings:

Utah's YIC and Prevention Mentors use the C&C Mentor Program to support K-12 youth by providing evidence-based interventions. Mentor support improves student engagement at school with learning, through relationship building, problem-solving, capacity building, and persistence. It has four components:

- Mentors—a mentor who works with students, families, caseworkers, school, and other agency personnel.
- Check—regular checks, utilizing data schools already collect on students' school adjustment, behavior, and educational progress.
- Connect—timely interventions, driven by data, to reestablish and maintain students' connection to school and learning and to enhance students' social and academic competencies.
- Family Engagement—mentors engage with parents, guardians, and families to foster their active participation in their student's education.

Initial C&C Mentor Training – Two-day in-depth training designed to provide LEA staff with the information, competencies, and skills needed to be an effective YIC or Prevention C&C mentor.

- Training Objectives:
 - Participants will learn about and understand— The core components and elements of Check & Connect.
 - The role and expectations of the Check & Connect mentor.
 - How to best meet the needs of the population of students they are mentoring.
 - How to implement the "Check" and "Connect" procedures with fidelity.
 - The competencies and skills needed to be an effective mentor, such as: Building relationships with students, families, and school personnel. Using data to determine interventions, problem-solving with students, and engaging with families.
- Who Should Attend: The Initial C&C Mentor Training is designed for those assigned the role of C&C Mentor as well as those interested in C&C mentoring principles and practices. C&C site coordinators and administrators are also encouraged to attend, after they have participated in a Preparation and Implementation Training. Note: All YIC Mentors must participate in the Initial C&C Mentor Training at least once. Ideally prior to working with students.

Preparation and Implementation Training – The Check & Connect Preparation & Implementation Training provides administrators and leadership teams with a thorough overview of the intervention and how to prepare their site for implementing with fidelity.

- Training Objectives:
 - The core components and elements of Check & Connect.
 - The context for Check & Connect, including the process of disengagement.
 - How Check & Connect was developed, including its theoretical underpinnings.
 - Steps for preparing for and implementing Check & Connect at their sites:
 - Aligning Check & Connect with current initiatives.
 - Identifying the indicators of disengagement at their site.
 - Designating a coordinator and hiring mentors.
 - Systematically monitoring student data and identifying appropriate interventions for reengaging students.
 - Strengthening the family-school relationship.
 - Monitoring the person-environment fit.
 - Evaluating the implementation and effectiveness of Check & Connect at their site.
- Who Should Attend: Preparation & Implementation Training is designed for administrators and/or leadership teams interested in preparing for and implementing Check & Connect. As well as:
 - YIC Directors and related staff who are new to the C&C mentor program.
 - LEA and/or site-based administrators exploring this student engagement intervention.
 - Administrators preparing to implement the program.
 - This training content is not designed for mentors.

Utah Mentor Refresher Training – The USBE YIC and Prevention staff have created a Utah-specific Mentor Refresher Training that takes a deeper dive into the mentor tools, such as the 5-Minute Mentor Activities, and strategies used in the C&C Mentor Program Model. As well as providing time for participants to share what is working with their students or ask implementation questions of the local certified C&C trainers and other mentors.

- Who Should Attend: The Utah Mentor Refresher Training is for new mentors who have previously participated in initial two-day C&C Mentor Training, and experienced mentors who would like a refresher and updates on what is working in Utah.
 - Please note, USBE strongly recommends those who are C&C trained attend either the refresher or initial mentor training at least once annually.

C&C Training Schedule 2023-2024 School Year:

- *Initial C&C Mentor Training* on September 14 and 15, 2023 from 8:30am - 3:30pm (both dates) held at the Granite School District YESS (YIC) School ***Almost at participant capacity.**
- *Initial C&C Mentor Training* on September 26 and 27, 2023 from 8:30am - 3:30pm (both dates) held at the Washington School District Millcreek High School
- *Preparation and Implementation Training* on October 13, 2023, from 9:00am - 4:00pm held at the Provo City School District YIC School at the Utah State Hospital
- *Utah Mentor Refresher Training* on November 17, 2023, from 8:30am - 3:30pm held at the Granite School District YESS (YIC) School
- *Initial C&C Mentor Training* on January 11 and 12, 2024 from 8:30am - 3:30pm (both dates) held at the Granite School District YESS (YIC) School.
- *Preparation and Implementation Training* on March 8, 2024, from 9:00am - 4:00pm held at the Davis School District Catalyst School
- *Initial C&C Mentor Training* on March 14 and 15, 2024 from 8:30am - 3:30pm (both dates) held at Ogden High School
- *Utah Mentor Refresher Training* on April 12, 2024, from 8:30am - 3:30pm held at the Granite School District YESS (YIC) School

To register for any of the C&C Trainings contact USBE's [YIC Program Specialist, Amanda Charlesworth](#).

Youth-In-Custody (YIC)

[Overview](#)[Directory](#)[Financial](#)[Regulation](#)[Resources](#)[Utah Mentoring](#)

Utah Mentoring

[Utah's K-12 Check and Connect \(C and C\) Personnel Directory 2022-2023](#)

Training Webinars

[Utah State Board of Education \(USBE\) Youth in Custody \(YIC\) Webinars](#)

YIC Mentor Webinars:

This YIC Webinar Series is designed to provide customized PL opportunities for C&C mentors who support YIC and other at-risk students throughout the State. Each online seminar session starts with the YIC Program Specialist sharing a mindfulness technique or activity that participants can incorporate into their practices, followed by guest presenter(s) who share their expertise on a wide range of topics. To date, the YIC Program Specialist has hosted 34 of these webinars which have attracted a variety of LEA participants, such as YIC and Prevention mentors, YIC Directors and Program Coordinators, Education Specialists, School Counselors, and more.

Each month the YIC Program Specialist sends email invites and reminders to the LEA YIC staff, and other LEA staff who have participated in C&C Trainings. The invites include the Zoom meeting links and Session Agendas.

YIC Mentor Webinar Schedule 2023-2024 School Year:

- YIC Webinar Thirty-Five on October 18, 2023, from 9:00am – 11:00am [via Zoom](#)
- YIC Webinar Thirty-Six on November 15, 2023, from 9:00am – 11:00am [via Zoom](#)
- YIC Webinar Thirty-Seven on January 17, 2024, from 9:00am – 11:00am [via Zoom](#)
- YIC Webinar Thirty-Eight on February 14, 2024, from 9:00am – 11:00am [via Zoom](#)
- YIC Webinar Thirty-Nine on April 17, 2024, from 9:00am – 11:00am [via Zoom](#)
- YIC Webinar Forty on May 15, 2024, from 9:00am – 11:00am [via Zoom](#)



Protective Factors Framework Overview Professional Learning

The Utah State Board of Education Prevention and Youth in Custody (YIC) staff invite you to participate in a training that will bring the protective factors framework to life in your work. This training will provide an overview of the evidence-informed protective factors framework, including where the framework came from, how it applies to different levels of development, foundational concepts, understanding trauma, the power of positive childhood experiences, how to apply the framework to your work with students, and more.

Guiding Premises: Embedding these concepts into the culture and climate of the school will make a protective factor approach successful. We will touch on the importance of:

- Understanding the impact of trauma
- Creating meaningful relationships
- Empowering self-care and self-awareness
- Using a strengths-based approach
- Being culturally responsive
- Providing equitable services
 - Who Should Attend: C&C Mentors, Advocates, Student/Family Support Professionals, Social Workers, Program Directors, and any interested staff.

Protective Factors Overview Framework Training Schedule 2023-2024 School Year:

- September 22, 2023, from 8:30am - 3:30pm held at Valley High School
- November 9, 2023, from 8:30am - 3:30pm held at Alpine Learning Center
- January 26, 2024, from 8:30am - 3:30pm held at Granite School District YESS (YIC) School

To register for one of the following Protective Factors Framework Overview Professional Learning sessions contact USBE's [YIC Program Specialist, Amanda Charlesworth](#).

Additional USBE Professional Learning Opportunities:

USBE Prevention PL Offerings:

Prevention and Student Services staff support Local Education Agencies (LEAs) in implementing a student-focused, evidence-informed, data-driven approach for all prevention work, to promote the knowledge and skills necessary for college and career success and meaningful engagement with their community.

- [USBE Prevention YouTube Channel](#)
- [Bullying Prevention](#)
- [Child Sexual Abuse and Human Trafficking Prevention](#)
- [Restorative Practices](#)
- [School Counselor Programs](#)
- [Substance Abuse Prevention](#)
- [Suicide Prevention](#)

USBE Safe & Healthy Schools PL Offerings:

The Utah State Board of Education (USBE), in coordination with stakeholders, has made Safe and Healthy Schools a board priority. The Utah School Safety Framework includes 9 Conditions that schools may follow to create comprehensive safe and healthy school policies, plans, protocols, and partnerships. The information included in this website has been a result of intensive collaboration with multiple state agencies, research from national organizations, and input from Utah educators, parents, and students.

- [Professional Learning Menu](#)

Need to request a Training? Use the [Student Services Training Request Portal \(TRP\)](#).

The Utah State Board of Education (USBE) Student Services Training Request Portal (TRP) is an online tool for Local Education Agencies (LEAs) to request specific Professional Learning (PL) and Technical Assistance (TA) support from the USBE.