

# EDUCATIONAL ATTENTION



THE UTAH STATE BOARD OF EDUCATION  
Report to the Education Interim  
Committee

## School-Based Mental Health Screening Programs Report

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**Michelle Knight**  
Project AWARE Grant Manager, USBE  
[michelle.knight@schools.utah.gov](mailto:michelle.knight@schools.utah.gov)

**Shauntelle Cota**  
Safe and Healthy Schools Coordinator, USBE  
[shauntelle.cota@schools.utah.gov](mailto:shauntelle.cota@schools.utah.gov)

**Leah Voorhies**  
Assistant Superintendent of Student Support, USBE  
[leah.voorhies@schools.utah.gov](mailto:leah.voorhies@schools.utah.gov)

## STATUTORY REQUIREMENT

### U.C.A. Section 53F-2-522

requires the Utah State Board of Education (USBE) to submit a report on mental health screening programs in participating local education agencies (LEAs). LEAs may implement a mental health screening for participating students using an evidence-based screening program. The State Board is required to report on this program to the Education Interim Committee annually on or before November 30. This year marks the third year for this report.

# School-Based Mental Health Screening Programs Report

## EXECUTIVE SUMMARY

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Utah Code 53F-2-522 and Board Rule R277-625, *Mental Health Screeners*, sets standards for Local Education Agencies (LEAs) to implement approved mental health screening programs for students. The legislature has appropriated an ongoing amount of \$500,000 for the program.

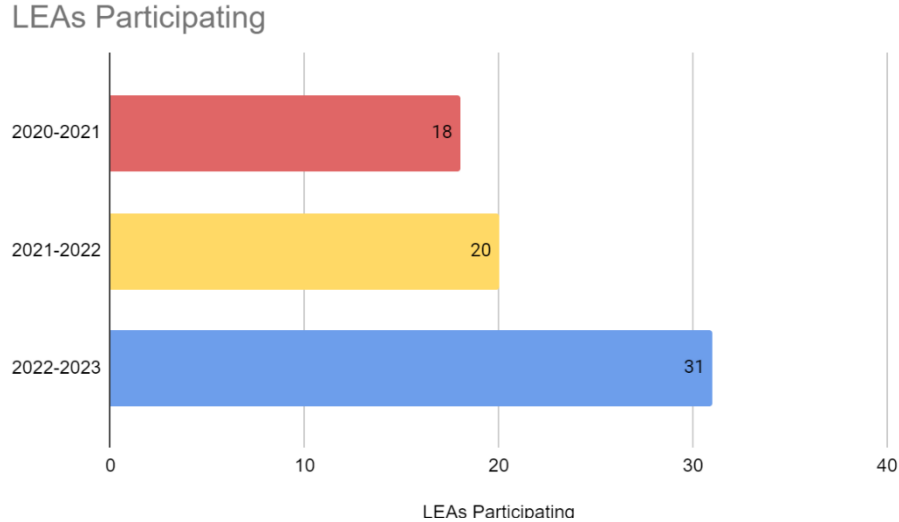
During the 2022-2023 school year, 31 of the 156 LEAs statewide participated in the school-based mental health screening program. Those 31 LEAs screened 5,516 students for the possible presence of symptoms related to anxiety, depression, and suicidal ideation. As a result of the screenings, approximately 2,125 students (or 39%) were then connected to services either within the LEA or as a referral to community resources. Charts within the report provide a comparison of the 2021-2022 school year to the 2022-2023 school year.

# MENTAL HEALTH SCREENING PROGRAM

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The creation of the list of screeners was approved in February 2021 by the Utah State Board of Education (USBE). The goal with the compiled list was to identify the most comprehensive set of evidence-based tools that specifically targeted mental health conditions. Doing so provide LEAs the best possible menu to choose from allowing for a wide range of choices and thus more control at the local level. Along with the list of screening tools, the Board approved of three mental health conditions for which schools could screen: anxiety, depression, and suicidal ideation. This list captures the leading mental health conditions that currently affect our LEAs.

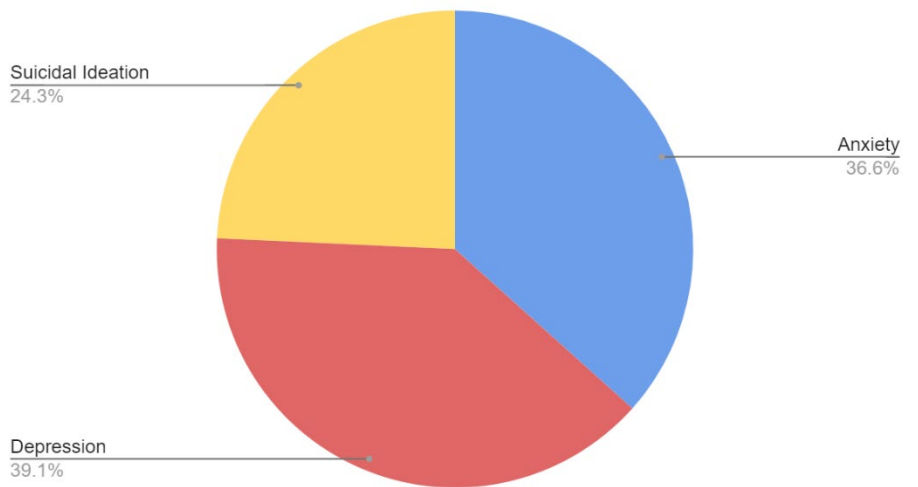
The data presented compares the end of year report for the school-based mental health screening program since inception to this past year (2022-2023).



Since the implementation of the School-Based Mental Health Screening Program, participation has nearly doubled. In 2020-2021, participation was 18 LEAs. As shown in the chart, participation has increased from 20 in 2021-2022 to 31 in 2022-2023. The complete list of LEAs and their participation status can be found in Appendix 1.

<b>LEAs Participating</b>	<b>#</b>
Participating Districts	17
Participating Charters	14
Non-Participating Districts	24
Non-Participating Charters	100

### Conditions Screened



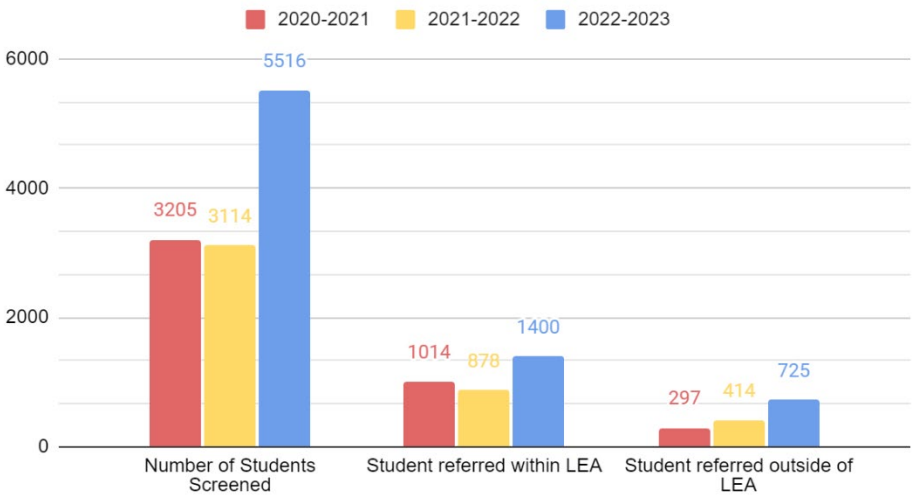
Of the over 5,500 students screened, approximately 37% screened for anxiety, 40% for depression, and 24% for suicidal ideation.

The chart below shows the number of students screened per participating LEA.

<b>LEA Name</b>	<b># of Students Screened</b>
Alpine District	169
Box Elder District	74
Cache District	55
Canyons District	73
Iron District	0
Jordan District	82
Logan City District	739
Millard District	No Data Reported
Morgan District	0

<b>LEA Name</b>	<b># of Students Screened</b>
Murray District	0
Ogden City District	0
Salt Lake District	No Data Reported
San Juan District	526
South Summit District	41
Tooele District	27
Uintah District	3131
Weber District	34
Entheos Academy	25
Esperanza School	68
Freedom Preparatory Academy	50
Karl G. Maeser Preparatory Academy	65
Legacy Preparatory Academy	0
Mountain Heights Academy	11
Pinnacle Canyon Academy	154
Roots Charter High School	0
Spectrum Academy	95
Success Academy	82
Utah County Academy of Science	0
Vanguard Academy	0
Vista School	15
Walden School of Liberal Arts	No Data Reported

## Students Referred After Screening



Since the inception of the program, more students have been screened than ever before. Of the students that need further services, about double are referred within the LEA than outside services.

### **MENTAL HEALTH SCREENING GRANT**

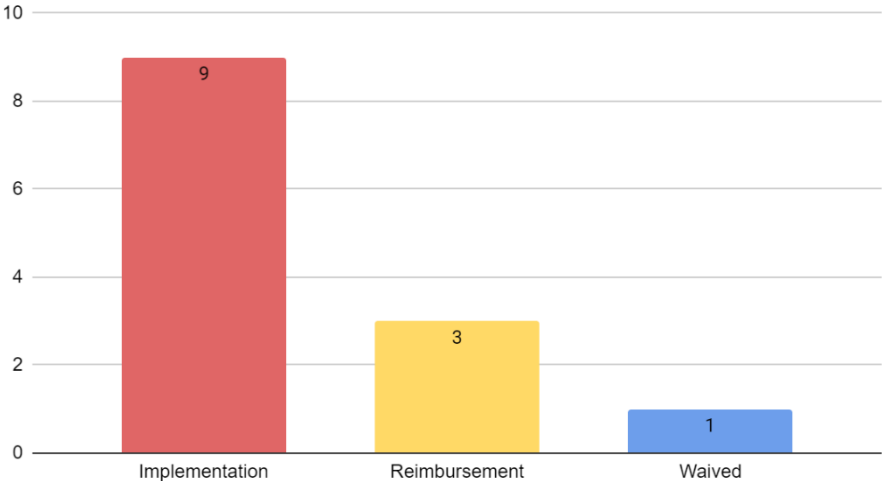
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Within H.B. 323, the Legislature appropriated \$500,000 in ongoing funds for the Mental Health Screening Grant. Board Rule R277-625 created a process for an LEA to receive reimbursement for a qualifying parent to receive mental health treatment for the parent's student based on the results of the mental health screening. The rule also clarified which parents constituted as a qualifying parent and allowed an LEA to seek funding for procuring a mental health screening tool.

In 2022-2023, USBE awarded 11 LEAs (6 school districts and 5 charters) grant funding for their respective School-based Mental Health Screening Programs. The number of LEAs applying for the grant increased from 2021-2022.

The chart below shows the LEA use of funds as reported in 2022-2023. Most LEAs used funds for implementing their screening program. 3 LEAs used funds to reimburse parents – a total of 69 qualifying parents. One LEA was unable to utilize funds. All the LEAs reported the amount they received was sufficient for their needs.

LEA Funding Utilization



**NEXT STEPS**

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With the new requirements set forth by H.B. 403 (2023) *Student Mental Health Amendments*, participation in the screening program has increased drastically. For the 2023-2024 school year, 60 LEAs have recorded their participation within the program. USBE has awarded 13 LEAs with grant funding and is hoping to award more with carryforward funding.

Appendix 1. LEA Participation Status

<b>LEA Name</b>	<b>Participation Status</b>
Alpine District	Participating
Beaver District	Non-Participating
Box Elder District	Participating
Cache District	Participating
Canyons District	Participating
Carbon District	Non-Participating
Daggett District	Non-Participating
Davis District	Non-Participating
Duchesne District	Non-Participating
Emery District	Non-Participating
Garfield District	Non-Participating
Grand District	Non-Participating
Granite District	Non-Participating
Iron District	Participating
Jordan District	Participating
Juab District	Non-Participating
Kane District	Non-Participating
Logan City District	Participating
Millard District	Participating
Morgan District	Participating
Murray District	Participating
Nebo District	Non-Participating
North Sanpete District	Non-Participating
North Summit District	Non-Participating
Ogden City District	Participating
Park City District	Non-Participating
Piute District	Non-Participating
Provo District	Non-Participating
Rich District	Non-Participating
Salt Lake District	Participating
San Juan District	Participating



<b>LEA Name</b>	<b>Participation Status</b>
Sevier District	Non-Participating
South Sanpete District	Non-Participating
South Summit District	Participating
Tintic District	Non-Participating
Tooele District	Participating
Uintah District	Participating
Wasatch District	Non-Participating
Washington District	Non-Participating
Wayne District	Non-Participating
Weber District	Participating
Academy for Math Engineering & Science	Non-Participating
Advantage Arts Academy	Non-Participating
American Academy of Innovation	Non-Participating
American Leadership Academy	Non-Participating
American Preparatory Academy	Non-Participating
Ascent Academies of Utah	Non-Participating
Athenian eAcademy	Non-Participating
Athlos Academy of Utah	Non-Participating
Bear River Charter School	Non-Participating
Beehive Science & Technology Academy	Non-Participating
Bonneville Academy	Non-Participating
Bridge Elementary	Non-Participating
C.S. Lewis Academy	Non-Participating
Canyon Grove Academy	Non-Participating
Canyon Rim Academy	Non-Participating
Channing Hall	Non-Participating
City Academy	Non-Participating
Davinci Academy	Non-Participating
Dual Immersion Academy	Non-Participating
Early Light Academy at Daybreak	Non-Participating
East Hollywood High	Non-Participating
Edith Bowen Laboratory School	Non-Participating

<b>LEA Name</b>	<b>Participation Status</b>
Endeavor Hall	Non-Participating
Entheos Academy	Participating
Esperanza School	Participating
Excelsior Academy	Non-Participating
Fast Forward High	Non-Participating
Franklin Discovery Academy	Non-Participating
Freedom Preparatory Academy	Participating
Gateway Preparatory Academy	Non-Participating
George Washington Academy	Non-Participating
Good Foundations Academy	Non-Participating
Greenwood Charter School	Non-Participating
Guadalupe School	Non-Participating
Hawthorn Academy	Non-Participating
Highmark Charter School	Non-Participating
Ignite Entrepreneurship Academy	Non-Participating
Intech Collegiate Academy	Non-Participating
Itineris Early College High	Non-Participating
Jefferson Academy	Non-Participating
John Hancock Charter School	Non-Participating
Karl G. Maeser Preparatory Academy	Participating
Lakeview Academy	Non-Participating
Leadership Academy of Utah	Non-Participating
Leadership Learning Academy	Non-Participating
Legacy Preparatory Academy	Participating
Lincoln Academy	Non-Participating
Lumen Scholar Institute	Non-Participating
Mana Academy Charter School	Non-Participating
Maria Montessori Academy	Non-Participating
Merit College Preparatory Academy	Non-Participating
Moab Charter School	Non-Participating
Monticello Academy	Non-Participating
Mountain Heights Academy	Participating
Mountain Sunrise Academy	Non-Participating

<b>LEA Name</b>	<b>Participation Status</b>
Mountain View Montessori	Non-Participating
Mountain West Montessori Academy	Non-Participating
Mountainville Academy	Non-Participating
Navigator Pointe Academy	Non-Participating
No. UT. Acad. for Math Engineering & Science	Non-Participating
Noah Webster Academy	Non-Participating
North Davis Preparatory Academy	Non-Participating
North Star Academy	Non-Participating
Odyssey Charter School	Non-Participating
Ogden Preparatory Academy	Non-Participating
Open Classroom	Non-Participating
Pacific Heritage Academy	Non-Participating
Paradigm High School	Non-Participating
Pinnacle Canyon Academy	Participating
Promontory School of Expeditionary Learning	Non-Participating
Providence Hall	Non-Participating
Quest Academy	Non-Participating
Ranches Academy	Non-Participating
Reagan Academy	Non-Participating
Real Salt Lake Academy Salt Lake Academy High School	Non-Participating
Renaissance Academy	Non-Participating
Rockwell Charter High School	Non-Participating
Roots Charter High School	Participating
Salt Lake Arts Academy	Non-Participating
Salt Lake Center for Science Education	Non-Participating
Salt Lake School for the Performing Arts	Non-Participating
Scholar Academy	Non-Participating
Soldier Hollow Charter School	Non-Participating
Spectrum Academy	Participating
St. George Academy	Non-Participating
Success Academy	Participating

<b>LEA Name</b>	<b>Participation Status</b>
Summit Academy (& Summit Academy HS)	Non-Participating
Syracuse Arts Academy	Non-Participating
Terra Academy	Non-Participating
The Center for Creativity, Innovation and Discovery	Non-Participating
Thomas Edison	Non-Participating
Timpanogos Academy	Non-Participating
Treeside Charter School	Non-Participating
Uintah River High	Non-Participating
USDB	Non-Participating
Utah Arts Academy	Non-Participating
Utah Career Path High School	Non-Participating
Utah Connections Academy	Non-Participating
Utah County Academy of Science	Participating
Utah International Charter School	Non-Participating
Utah Military Academy	Non-Participating
Utah Virtual Academy	Non-Participating
Valley Academy	Non-Participating
Vanguard Academy	Participating
Venture Academy	Non-Participating
Vista School	Participating
Voyage Academy	Non-Participating
Walden School of Liberal Arts	Participating
Wallace Stegner Academy	Non-Participating
Wasatch Peak Academy	Non-Participating
Wasatch Waldorf Charter School	Non-Participating
Weber State University Charter Academy	Non-Participating
Weilenmann School of Discovery	Non-Participating
Winter Sports School	Non-Participating