

**MEDICAL-SURGICAL ROTATION
STUDENT INTERNSHIP SKILLS LIST
Provo School District**

This list is designed to help you obtain considerable information during your internship period. The column on the left will designate various procedures used on the medical-surgical floor. When you have observed a procedure, record the date and have your mentor nurse initial the square. There is much to observe and learn. Be sure to ask your mentor nurse to show you as much as they are able.

SKILLS AND PROCEDURES	DATE INITIAL	DATE INITIAL	DATE INITIAL
1. Complete patient assessment			
2. Listening to heart sounds			
3. Listening to lung sounds			
4. Listening to bowel sounds			
5. Starting IV's			
6. Changing IV solutions/monitoring IV drip rate			
7. IVAC pumps for monitoring drip rate			
8. IV site assessment			
9. Blood transfusions			
10. Use of K-pads			
11. Ileostomy care/stoma			
12. Urinary catheter (RC) insertion			
13. Urinary catheter (RC) removal			
14. Nasogastric (NG) tube removal			
15. Urinary catheter (RC) irrigation			
16. Wound irrigation			
17. Fistula irrigation			
18. Colostomy irrigation			
19. Oxygen delivered by nasal cannula			

20. Oxygen delivered by mask			
21. Pulse oximetry - SAT check			
22. Nebulizer treatment by Respiratory Therapy			
23. Capillary blood glucose monitoring			
24. Ambulation with Physical Therapy			
25. Abdominal (Richard's) binder			
26. Post-op exercises - turn, cough, deep breathe			
27. Patient information - kardex			
28. Patient information - admission form			
29. Patient information - classification			
30. Patient information - diet sheet			
31. Patient information - nursing care plan			
32. Patient information - medication sheet (MAR)			
33. Medication - IV push			
34. Medication - IV piggyback			
35. Medication - oral - pills, suspensions, liquids			
36. Medication - Intramuscular (IM) injections			
37. Medication - Subcutaneous (SQ) injections			
38. Medication - Eye drops/ointment			
39. Medication - Topical			
40. Medication - Intramuscular (IM) site checks			
41. Medication - Narcotic signout			
42. Medication -Narcotic waste management			
43. Medication - Reading measurements from syringes			

44. Medication - Epidurals			
45. Medication - PCA Pumps			
46. Plexipulse booties			
47. Vital signs - blood pressure			
48. Vital signs - pulse			
49. Vital signs - respiration			
50. Vital signs - temperature - oral thermometer			
51. Vital signs - tympanic thermometer			
52. Vital signs - Datascope for monitoring V.S.			
53. Circulation Check			
54. Pre-operative check list			
55. Intake and Output measurement / recording			
56. A.M. care			
57. P.M. care			
58. Neuro. Check			
59. Specimen collection - sputum			
60. Specimen collection -blood (Phlebotomy)			
61. Specimen collection - urine			
62. Specimen collection - saliva			
63. Specimen collection - stool - hemocult			
64. Dressing change			
65. Abdominal binders			
66. Suprapubic catheter			
67. Bladder retraining			
68. Bedmaking			
69. Weights - standing scale			

70. Weights - bedscale			
71. Sitz bath			
72. Penrose drain			
73. Retention Sutures			
74. Jackson Pratt (J-P) drain			
75. Hemovacs			
76. T-tubes			
77. Colostomy care			
78. Nasogastric tube irrigation			
79. Medications - suppositories			
80. Nasogastric tube (N-G) insertion			

STUDENT INTERNSHIP MEDICAL-SURGICAL ROTATION SURGICAL DIAGNOSES AND PROCEDURES

Although there are many different types of surgeries, the following is a list of the ones most common to the 6th floor. As part of your internship, it is important to understand the physiology, pathophysiology, treatment and the nursing considerations. Complete the forms provided with information of the various diagnoses and surgical procedures. You may obtain the information from medical/nursing books and magazines.

1. Hysterectomy (Abdominal [TAH] or Vaginal [TVH])
2. Fetal Demise
3. Ectopic Pregnancy
4. Exploratory Laparotomy
5. Cholecystectomy
6. Prostatectomy (TURP- Transurethral Resection of the Prostate)
7. Bilateral Salpingoophrectomy (BSO)
8. Colectomy
9. Appendectomy
10. Colostomy
11. Abdominal Plasty
12. Decubitus Ulcer/Revisions
13. Thrombophlebitis
14. Kidney stones
15. Cystoscopy
16. Chron's Disease
17. Ileostomy
18. Ileoconduit
19. Asthma
20. Chronic Obstructive Pulmonary Disease (COPD)
21. Endarterectomy
22. Pneumothorax
23. First Rib Resections
24. Thoracotomy
25. Vasectomy
26. Esophageal Hiatus
27. Skin Grafts
28. Ulcers - Gastric, Duodenal

**STUDENT INTERNSHIP
MEDICAL-SURGICAL ROTATION
SURGICAL DIAGNOSES AND PROCEDURES**

Diagnosis or Procedure:

Description of the Diagnosis or Procedure:

Indications for the Procedure:

Nursing Care and Treatment:

Expected Results:

List Any Permanent Lifestyle Changes or Medications:
