



**Career Cluster: Agriculture, Food & Natural Resources**

**Career Pathway: Food Science, Dietetics & Nutrition**

<b>JUNIOR HIGH / MIDDLE SCHOOL</b>	
College and Career Awareness	
FCS 6th Grade	
FCS Exploration	
<b>HIGH SCHOOL</b>	
<b>EXPLORER COURSES:</b> Choose one or more of the following courses.	
Food and Nutrition +	
Human Development *	
Medical Anatomy and Physiology *	
<b>CONCENTRATOR COURSES:</b> To be a concentrator you must pass the following course AND one explorer course.	
Dietetics and Nutrition 1	
<b>COMPLETER COURSES:</b> To be a completer you must pass a concentrator course and enough courses to equal 3.0 credits in this Pathway.	
Dietetics and Nutrition 2	Food Science
Food Products and Processing	Foundations of Nutrition *
CTE Internship	<a href="#">Apprenticeship</a>
<b>POSTSECONDARY:</b> There are many options for education and training beyond high school.	
Utah System of Higher Education: <a href="https://ushe.edu">ushe.edu</a> (Utah's public colleges and universities)	UtahMajors.org: <a href="#">Majors Guide</a>

\* concurrent enrollment course + recommended explorer course

<b>HIGH SCHOOL TO POSTSECONDARY EDUCATION AND TRAINING</b>			
There are several options for education and training beyond high school, depending on your career goals.			
	<b>Certificate</b>	<b>2-Year Associate Degree</b>	<b>4-Year Bachelor's Degree</b>
	> Food Protections Manager > Food Inspector Assistant > Food Sanitation Coordinator	> Research and Development Technician	> CTE Teacher > Dietitian/Nutritionist > Food Scientist

Career and Technical Education provides all students access to high-quality, rigorous career-focused programs that result in attainment of credentials with labor market value. [Credentials of Value](#)

Utah CTE classes are open to all qualified students without regard to race, color, national origin, sex, disability, or age.

**Advice to Students**

**“Enroll in CTE, you will not regret it!**  
 CTE classes will undoubtedly help you see what you want for your future and help in your journey of self-discovery. I have not taken a CTE class in which I did not learn something about myself or a skill that will help me in the future and in life.”

Cambri Schmitt  
 Future Registered Dietitian

**LEARN MORE ABOUT OCCUPATIONS AND WAGES**

**Agriculture, Food & Natural Resources**

UtahCTE.org: [Fact Sheet](#)

Department of Workforce Services  
[Utah Occupational Explorer](#)

**FCCLA**

is the Career and Technical Student Organization (CTSO) for students in the Food Science, Dietetics & Nutrition Career Pathway.

[FCCLAinc.org](https://fcclainc.org) | [UtahFCCLA.org](https://UtahFCCLA.org)

[Utah FCCLA flyer](#)

